

Alcohol Awareness and Fatal Vision Goggles Lesson, May 2023

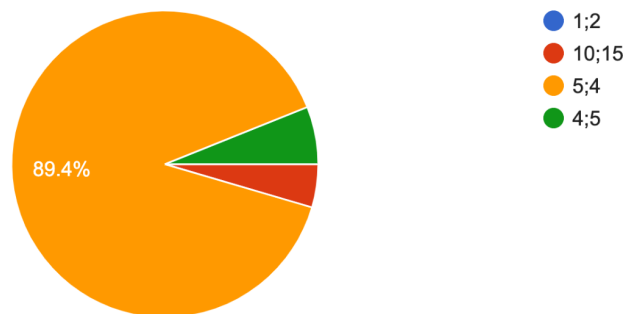
Los Alamos High School Drivers Ed Classes, 3 Classes, 74 Students, 1 LAHS Staff Member
Kristine Coblenz, LAPS Prevention Program
Deni Fell, Los Alamos County Social Services
Michelle Sullivan, LAHS School Counseling Department

This interactive lesson increases awareness by reviewing local data, alcohol facts, and the importance of making a plan and having an exit strategy in order to keep yourself and others safe. It includes a slideshow, a video, group work and discussion, and an experiential activity. The presentation emphasizes safety and the potential consequences of using alcohol and encourages students to delay onset of substance use. Fatal vision goggles are utilized to simulate walking and navigating a patterned path impaired.

Sample of Post-Test Results and Feedback

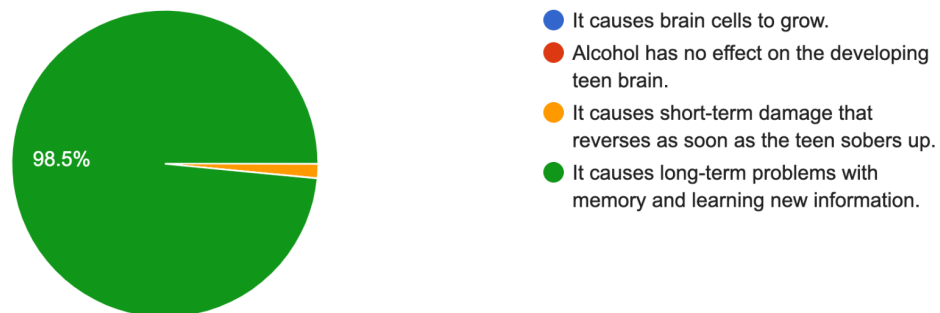
Binge drinking is defined as ____ or more drinks on one occasion for males and ____ or more drinks on one occasion for females.

66 responses



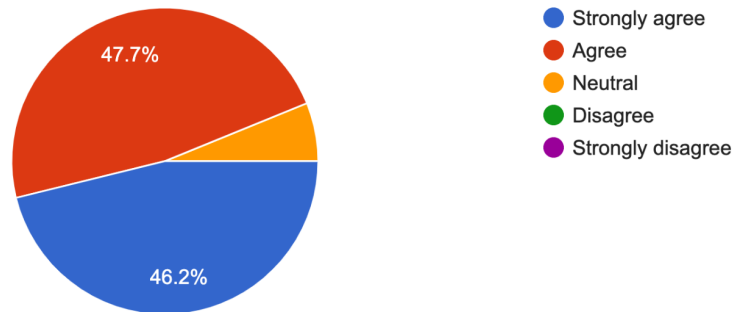
What effect does alcohol have on the developing teen brain?

66 responses



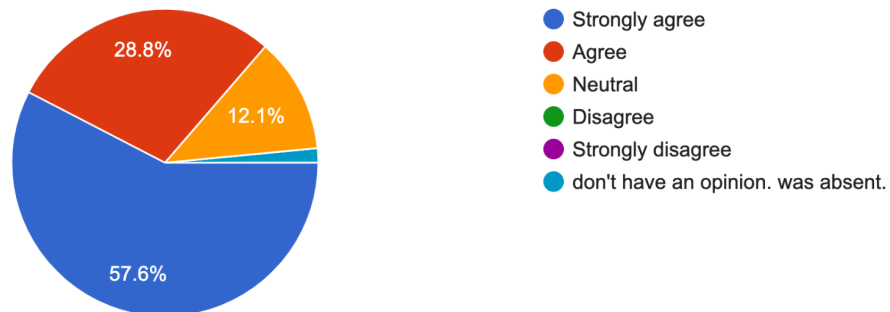
The presentation included useful information.

65 responses



After participating in this presentation, I will make a plan to avoid drinking and driving.

66 responses



Student Feedback

What was the most valuable part of the presentation?

Learning how much drinking can affect you, and watching the video

Statistical information

The activity where we wore the goggles

Knowing the consequences of drinking

Learning how much drinking can affect your actions

I think the data really hit home, showing just how much alcohol can affect you

I think that it was the fatal vision goggles so we could see for ourselves how hard it is to do things while drunk.

Increasing awareness of how alcohol affects people around us

Teaching kids the facts and what actually happens was good especially because they didn't make it sound worse than it is

How will you apply what you learned?

I will not drink and drive

I will use it to better myself and plan ahead

Make smart decisions regarding alcohol

I will not drink and try not to go in cars with people who are drunk

I will not drink irresponsibly

I won't drink and drive and i will avoid drinking large amounts

As I get older I will drink responsibly and will always make a plan if I go out.

To call the cops if anything bad happens no matter if i'm gonna get in trouble or not

What suggestions do you have for improvement?

Try different activities with the goggles/games

More simulations. It allows for a better understanding of the information given.

Maybe a different video