



Big Brothers
Big Sisters®

DEFENDING POTENTIAL



Attachment A

Today We Would Like To Visit About

- Overview of Big Brothers Big Sisters Mentoring
- Opportunities to Get Involved
- Program Initiatives
- Discussion and Q & A

Big Brothers Big Sisters Overview



Big Brothers Big Sisters Mountain Region serves children 5-18 in Los Alamos/Rio Arriba, McKinley/Apache/Cibola, Dona Ana/Grant/Luna, Santa Fe, San Miguel/Mora, and Toas/Colfax Counties.

Big Brothers Big Sisters Central NM serves children in Bernalillo County, Rio Rancho, Otero County and San Juan county.

Mission

To create and support one-to-one mentoring relationships that ignite the power and promise of youth.

Vision

All Youth achieve their full potential

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OUR IMPACT IS EVIDENT



Littles in our program are

90% more likely to do well in school

46% less likely to do drugs

89% less likely to make bad decisions

91% of Littles report feeling

better about themselves

3 out of 4 littles plan to enroll in

and graduate from college

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Through one-to-one mentoring relationships, youth develop skills such as self-awareness, self-management, social awareness, relationship skills and responsible decision making.

Through our Strength of Relationship surveys and Youth Outcome Surveys, we discovered that youth who had regular contact with their mentors reported feeling more supported and less isolated, worried or anxious than non-Big Brothers Big Sisters youth.

What our Littles say

Despite the barriers they face, 94% of Littles said they have a lot or some confidence they will achieve their goals.

93% of Littles said to have adults who care and look out for them is very important to helping them achieve their goals.

80% of Littles said they feel their Bigs help them a lot.

What our alumni say

Our impact on a child's self-confidence and emotional well-being is felt long after Littles graduate from high school. Harris Interactive conducted an online survey of alumni Littles from across the nation. Among those former Littles,

90% agreed their Big made them feel better about themselves.

86% agreed they lead a fulfilling life.

72% said they are satisfied or extremely satisfied with their relationships with friends.



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PROGRAMS OFFERED



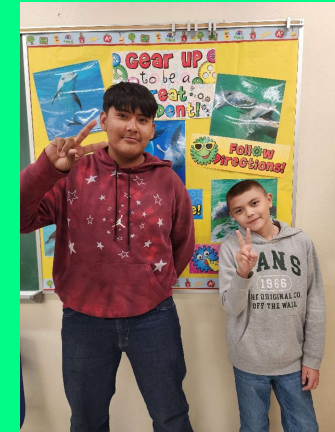
COMMUNITY BASED

The Big and Little spend 4 to 6 hours per month together on a schedule that works for them. They do activities like going out to eat, playing board games, going on a hike and more!



SCHOOL/SITE BASED

Our School-based program consists of Bigs spending one hour a week at a Little's school during a preset time. This program is great for our business community partners who can visit the school during their lunch break.



Site Based Facilitated:

This program is typically geared towards high school mentors meeting with elementary school students. Matches meet at a designated site weekly, and a staff member is present at all sessions observing match interactions.

Program Initiatives

Bigs with Badges

- Improve the relationship between law enforcement/ public safety and youth within our communities.
- Reduction of negative behaviors such as drug or alcohol abuse
- Improved Academic Success

Bigs with Badges is a one-to-one mentoring program that connects youth with public safety professionals, building strong, trusting, lasting relationships.



Intergenerational Mentoring Initiative



People over age 55 who mentor young people find that the benefit they get from the mentoring experience is often equal to the benefit they give to a child. Studies have also shown that intergenerational matches last longer, providing even greater benefits over time.

You don't need special skills to be a Big – just the willingness to listen, offer encouragement and share what you've learned about life. Sometimes it's just about being there.





Outdoor Mentoring

- Enhance physical and mental well-being
- Equitable Access to the outdoors for all youth
- Help alleviate symptoms of anxiety, depression and obesity

Requirements to become a mentor

- Must be 18 years of age or older
- Spend 2 to 3 visits a month (either virtually or in-person) with your little brother or sister
- Stay matched for at least 1 year
- Pass a background check which consists of automobile, felony and sexual offender background
- Have reliable transportation and a valid drivers license

WE **INSPIRE**
IGNITE
 **EMPOWER**
POTENTIAL 

Demographics for youth in Los Alamos and Rio Arriba

- 56 % of youth served this year are female and 44 % are male.
- 46 % of our youth come from single-family homes and 11 % are living with grandparents.
- 65 % of our families are low-income or living below the poverty level
- 44 % of our youth receive free or reduced lunch
- Los Alamos: 46% Caucasian Littles, 42% Hispanic Littles, 10% Black or African American Littles, 2% Asian Littles
- Rio Arriba: 89% Hispanic Littles and 11% American Indian Littles

Engagement Opportunities

- Become a Mentor
- Refer a young person
- Join our Board
- Be a part of one of our annual fundraising events
 - Share our program with your connections¹²
- Follow us on Facebook and share our posts on your own social media pages



Questions and Discussion



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Thank you!

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Board Members

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