

BabyNet 5/16/2023

Attending: Carie Fanning, Mitsi Willard, Joyce Richins, Abbie Nelson, Karen Brown, Jill Padget, Deni Fell (on the phone)

CHECK IN

Abbie Nelson, Las Cumbres

- Well attended grand opening of the playground last week
- Fatherhood program is open to new clients through the end of May, please share flyer with your community
- Circle of Security training coming up soon
- Special Needs support group will probably start meeting in person in June

Jill Padget, First Born Program

- Received approval to increase number of families the program to accept, up to 90 families
- Susan Williams just received her certification in infant sleep coaching

Karen Brown, Birth Doula for Sanguine Journey, LLC, Co-facilitator for Birth Talk Los Alamos, and birthing families advocate

Carie Fanning, FSN

- STEAM Fair is June 6
- Summer Splash Party at the end of June
- Regular programming through June
- Brandi Seekins' Circle of Security class was just completed at FSN
- Circle of Security group is opening starting August 17 for any COS alums
- FSN and Brandi Seekins are working with JJAB to start a parent book club, a starting topic will be co-parenting
 - Abbie has a resource to provide and will reach out to Domestic Violence person at JJAB per Carie's request

Mitsi Willard, FSN incoming Director transitioning into role fully on June 30

Coming from PEEC as a teacher, moved here several years ago from Texas with her family

Joyce Richins, Infection prevention and employee health nurse, LAMC

- Masking mandate for hospital was removed last week!

Deni Fell, Case Coordination Specialist, LAC SSD

- County is preparing a community-wide Narcan training toward the end of June
 - Carie wondering if Narcan is available in community for FSN staff who have received training. Deni confirms that it is available at SSD office.
 - Narcan, current formulation, seems to be shelf stable so could be carried out and about, kept in car
- Requests stack of New Parent Guide postcards from FSN

- Rack cards, handout cards needed from all Organizations

Speakers for BabyNet

- Followup re Diana Torres as a future presenter for BabyNet community: Carie and Karen met with her and discovered that she is no longer working in infant mental health, but is interested in providing a presentation on the topic to BabyNet in the near future
- Future ideas: Gretchen Poulson CBE, Susan Williams infant sleep coaching, Erin Green babywearing, Midwifery community work in LAC (Karen connection), Balanced Mortality (Desiree Cassell)
- Plan for presentation in August BabyNet meeting

Los Alamos County Health Council updates

- The subcommittees are not fitting into the administration rules for the LACHC
- Currently: it looks like “subcommittee” will go away, and current subcommittees will become advisory councils with liaisons providing updates to the LACHC at their monthly meetings. BabyNet could send a member to provide public updates to the council.

Marketing update for New Parent Guide

- Mailed postcards have been sent to everyone without an email address by FSN in their recent mailing
- Karen is more than halfway through emailing the folks in the Guide, so almost everyone in the Guide has heard about it at least once
- Postcards need to be placed
 - The group drafted a quick list of community places to leave a small stack or post a card (Carie has list, and there is a list on a tab in the spreadsheet tracking New Parent Guide listings)
 - Deni is happy to help place postcards, as is Karen and several others
- More positive community feedback and networking in addition to last month’s report
 - Karen has received feedback that the Guide is timely for helping their clients
 - Deni has sent people to Karen to help with information gathering and is often providing the Guide as a resource to her clients
 - It feels like BabyNet is succeeding at the goal of being a “net” for families with the publishing of this Guide

BABYNET CHAIR POSITION

There is 1 remaining meeting (June) at which Carie can serve as Chair. FSN can continue to host the meeting as needed even if Mitsi is not going to serve as the Chair coming in behind Carie

- Overview of chair role
- Discussion of possible co-chair

FUTURE GOALS FOR BABYNET

- Growing the group—yes BabyNet is always seeking new members
 - Carie / FSN created a call for members flyer and will send it out to the email group
- See the notes from 4/18/2023 for further future goals that were recently discussed
- Looking again at what gaps are opening up / gaping:
 - Mary would like to suggest postpartum mental health as a focus, raise awareness around what comes up in that period. Look at predictors/ risk factors.
 - Abbie suggests mental health focus given population of County having babies who are transplants and coming without a social support network. Las Cumbres is focused on creating opportunities for these families to connect and build their networks. (Also FSN's programs provide some space for this.) Perhaps BabyNet could add to this effort, LACHC's current focus, in a broader way for BabyNet target population.

Close meeting 13:55