

The Los Alamos County Health Plan - 2021

Los Alamos County Health Council
Comprehensive Health Plan Sub-Comm

Los Alamos County Health Council

- **Vision:** A community where all members can achieve health and wellness through knowledge of and access to physical and behavioral health resources and skills
- **Mission:** Provide information, recommendations, and assessments regarding community health matters to the Los Alamos County Council

A Comprehensive Health Plan is Required

- NM Senate Memorial 44 and HB137 requires County Health Councils develop health plans that monitor health and health care, advise on policies that affect health care, facilitate communication and identify resources to improve health
- The enabling legislation creating the Los Alamos County Health Council mandates a Comprehensive Health Plan. Incorporated County of Los Alamos Resolution No. 19-28
- NM Department of Health performance Contract and County Work Plan for Fiscal Year 2021-2022 requires progress on a County Comprehensive Health Plan
- Kellogg Foundation grant to NM administered by the NM Alliance of County Health Councils requires work on County health planning and needs.

Los Alamos County's Health Goals

- To enable all of our citizens to live as long, healthy, productive and meaningful a life as possible
- To achieve this in doable, sustainable, equitable, and cost-efficient ways

Focus of the Comprehensive Health Plan

The plan would seek to answer four questions:

- What are the barriers to achieving individual and community health and well-being?
- Who do these barriers affect, and why ?
- What is the socio-economic impact of reduced health and well-being?
- What have we learned can be done, building on past efforts and existing services, to address the problem in evidence-based, doable, sustainable, equitable, and cost-efficient ways?

Our Approach to the Planning Process

- Process that would be built on consultation with a broad array of stakeholders
- Content that would be built on ethical priority setting – enabling the best health of our people, in cost-effective, doable, sustainable, and equitable ways
- Content that would build on NMSU's 100% New Mexico Initiative – getting 10 basic services to 100% of our community

Current Health Status of Los Alamos County

- Overall health status of the Los Alamos County
- LAC compared to state and selected counties
- Existing health and well-being services and resources in LAC
- Rates of service/resources utilization in Los Alamos

Who are most affected by barriers to service and resources, and why?

- **Examples of Who may include consumer:** Age, Gender identity, Race, Ethnicity, Religion, Sexual Orientation, Employment, Insurance status, Nationality, Access to transportation and/or technology, Primary language, Type of service / Resource needed, Household type, Education.
- **Examples of Why may include:** Service not available, discrimination, cost, awareness, stigma, access, language.
- **Examples of data sources will include:** Public health data, community health survey, administrative data, interview/focus group results

What are some potential community impacts of limited health and well-being

- The social and economic consequences of our health gaps
- The returns to investing in filling those gaps
- Quality of life in Los Alamos
- Value of creating an equitable and accessible continuum of care for all community members

Examples of Actions Recommended by other Comprehensive Health Plans

- Integrating health services
- Promoting health-enabling social services
- Optimizing natural support systems
- Seek solutions anchored in community strengths and enhance the network of care

Moving Forward : Administrative Steps

- Adoption of Preliminary Plan by Health Council
- Presentation and Adoption of Preliminary Plan by Los Alamos County Council, Requesting resources necessary for outside professional services
- Hiring of Professional Social Services Division Staff Member Funded by Kellogg Foundation
- Adoption of Final Budget and Timeline and Contracting by RFP for Outside Professional Services

Moving Forward: Comprehensive Plan Development

- Gathering and Analysis of Demographic and Health Data
- Bring Plan Website Live for Public Access and Input
- Conduct Health and Basic Services Stakeholder Interviews
- Conduct Focus Group Meetings of Health Interest Groups
- Issuance and Analysis of Health Survey/ NMSU 100% Community
- Compile and Analyze Collected Information
- Draft Preliminary Plan Information and Recommendations

Moving Forward: Comprehensive Plan Development (cont.)

- Conduct Round of Public Meetings for Comment
- Amend Preliminary Plan Draft to Incorporate Public Input
- Submit Draft Plan to Health Council for Review and Approval
- Present Draft Plan, with any Amendments, at County Council Work Session
- Incorporate Comments and Recommendations into a Final Health Plan
- Submit Final Health Plan at Public Hearing, for Health Council Approval
- Submit Final Health Plan for Public Hearing Approval by the County Council