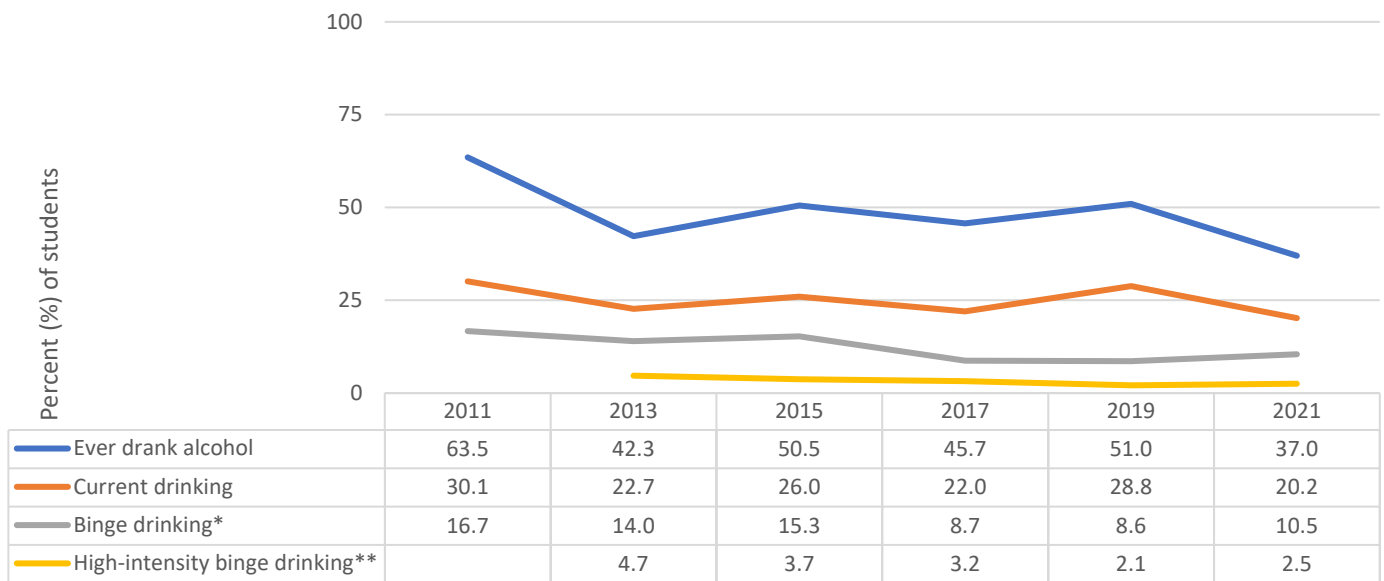


LOS ALAMOS NM-YRRS DATA BRIEF

Summary of 10-year trends in alcohol use among high school students (grades 9-12) and middle school students (grades 6-8), 2011-2021

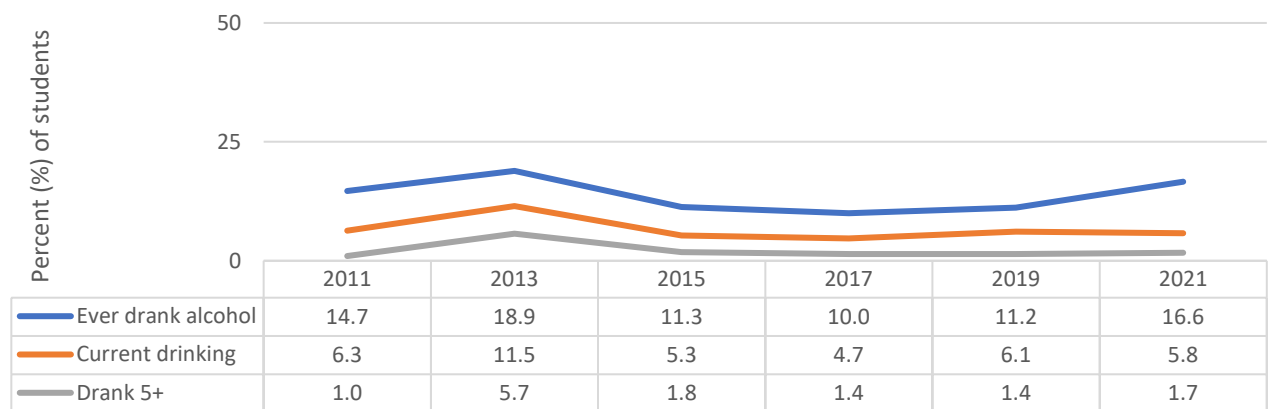
Newly released data from the 2021 New Mexico High School Youth Risk and Resiliency Survey (NM-YRRS) revealed decreasing trends for alcohol use among students in Los Alamos Schools.

Figure 1. Ten-year alcohol use trends among Los Alamos **high school students**, Grades 9-12, 2011-2021



*Binge drinking is 5+ drinks for boys, and 4+ drinks for girls; **High-intensity binge drinking is 10 or more drinks on a single occasion

Figure 2. Ten-year alcohol use trends among Los Alamos **middle school students**, Grades 6-8, 2011-2021



SUMMARY OF TRENDS

Between 2011 and 2021, among high school students...

- The rate of ever drinking decreased by 42%
- The rate of current drinking decreased by 33%
- The rate of binge drinking decreased by 37%

Between 2011 and 2021, among middle school students...

- The rates of ever drank alcohol, current drinking, and drinking 5 or more drinks did not significantly change.