



# The Los Alamos County Health Plan Proposal- 2021

Los Alamos County Community Health Council  
December 14, 2021



## Los Alamos County Community Health Council Members

Kristine Coblenz (CHP Subcomm)

Cam Counters (CHP Subcomm)

Robert Dryja (CHP Subcomm)

Carrie Fanning

Catharyn Fite

Phil Gursky (Chair)

Lyn Havel

Desaree Jimenez

Rachel Light (CHP Subcomm)

Carrie Manore

Jordan Redmond

Lori Padilla

Morrie Pongratz

Richard Skolnick (CHP Subcomm)

Lisa Zuhn



# A Comprehensive Health Plan is Required

- NM Senate Memorial 44 and HB137 require County Health Councils to develop health plans that monitor health and health care, advise on policies that affect health care, facilitate communication and identify resources to improve health
- The enabling legislation creating the Los Alamos County Health Council mandates a Comprehensive Health Plan. Incorporated County of Los Alamos Resolution No. 19-28
- NM Department of Health Performance Contract and County Work Plan for Fiscal Year 2021-2022 require progress on a County Comprehensive Health Plan
- Kellogg Foundation grant to NM administered by the NM Alliance of County Health Councils requires work on County health planning and needs.



# Los Alamos County's Health Goals

- To enable all of our citizens to live as long, healthy, productive and meaningful a life as possible
- To achieve this in doable, sustainable, equitable, and cost-efficient ways



# Focus of the Comprehensive Health Plan

The plan would seek to answer four questions:

- What are the barriers to achieving individual and community health and well-being?
- Who do these barriers affect, and why?
- What is the socio-economic impact of reduced health and well-being?
- What have we learned can be done, building on past efforts and existing services, to address the barriers in evidence-based, doable, sustainable, equitable, and cost-efficient ways?



# Our Approach to the Planning Process

- Consult a broad array of stakeholders
- Build on NMSU's 100% New Mexico Initiative
  - Work towards ensuring access to ten vital services for 100% of our community
- Focus on ethical priority setting – enabling the best health of our people, in cost-effective, doable, sustainable, and equitable ways



# Current Health Status of Los Alamos County

- Overall health status of the Los Alamos County
- LAC compared to state and selected counties
- Existing health and well-being services and resources in LAC
- Rates of service/resource utilization in Los Alamos



# Who are most affected by barriers to service and resources, and why?

- Examples of who may include consumer: age, gender identity, race, ethnicity, religion, sexual orientation, employment, insurance status, nationality, access to transportation and/or technology, primary language, type of service / resource needed, household type, education
- Examples of why may include: service not available, discrimination, cost, awareness, stigma, access, language
- Examples of data sources will include: public health data, community health survey, administrative data, interview/focus group results



# What are some potential community impacts of limited health and well-being?

- The social and economic consequences of our health gaps
- The returns to investing in filling those gaps
- Quality of life in Los Alamos
- Value of creating an equitable and accessible continuum of care for all community members



# Examples of Actions Recommended by other Comprehensive Health Plans

- Integrating health services
- Promoting health-enabling social services
- Optimizing natural support systems
- Seeking solutions anchored in community strengths and enhance the network of care



# Moving Forward : Administrative Steps

- Approval of the CHP plan proposal by the Los Alamos County Council
- Request resources necessary for outside professional services
- Hire professional Social Services Division staff member funded by Kellogg Foundation
- Adopt final budget, timeline, and issue an RFP for outside professional services



# Moving Forward: Comprehensive Plan Development

- Gather and analyze demographic and health data
- Bring plan website live for public access and input
- Conduct health and basic services stakeholder interviews
- Conduct focus group meetings of health interest groups
- Conduct LA-CHC / NMSU 100% Community survey
- Compile and analyze collected information
- Draft preliminary plan information and recommendations



# Moving Forward: Comprehensive Health Plan Development (cont.)

- Conduct round of public meetings for comment on draft CHP
- Amend draft preliminary CHP to incorporate public input
- Submit draft CHP to Health Council for review and approval
- Present draft CHP, with any amendments, at County Council work session
- Incorporate County Council comments and recommendations into a final draft of the CHP
- Conduct a public hearing of the final draft CHP
- Seek Health Council approval of the final draft CHP
- Submit CHP for approval by the County Council