



LOS ALAMOS

County of Los Alamos

1000 Central Avenue
Los Alamos, NM 87544

BCC Agenda - Final

Los Alamos County Health Council

Catharyn Fite; Kristine Coblenz; Cameron Counters; Robert Dryja; Carrie Fanning; Philip Gursky; Lyn Haval; Desaree Jimenez; Rachel Light; Carrie Manore; Jordan Redmond; Lori Padilla; Morrie Pongratz; Richard Skolnik; and Lisa Zuhn, Members

Thursday, November 4, 2021

12:00 PM

Meeting will be conducted remotely.
<https://us06web.zoom.us/j/85150766801>

Members of the Public can, also, join this meeting session to make public comment via Zoom by pasting into their browser the following: <https://us06web.zoom.us/j/85150766801> once the session has started.

or by Telephone:

US: +1 346 248 7799 or +1 720 707 2699 or +1 253 215 8782 or +1 312 626 6799 or +1 646 558 8656 or +1 301 715 8592

Webinar ID: 85150766801

For Viewing alone use <http://losalamos.legistar.com/Calendar.aspx>

I. CALL TO ORDER

II. PUBLIC COMMENT

III. BUSINESS

[15074-21](#)

Approval of Minutes from the October 7, 2021 Meeting

Presenters:

Philip Gursky

Attachments:

[BCCMeetingMinutes07-Oct-2021](#)

[15075-21](#)

Equity Committee necessary for Kellogg Funding

Presenters:

Donna Casados

[15076-21](#)

Staff Support to Health Council for completion of Key Activities related to the Kellogg Funding

Presenters:

Donna Casados

[15077-21](#)

Comprehensive Health Plan Powerpoint Presentation

Presenters:

Cameron Counters

Attachments:

[PPT for health plan presentation-team version](#)

IV. BOARD/STAFF COMMUNICATIONS

[15078-21](#)

AdHoc Committee Updates

Presenters:

Carrie Fanning, Rachel Light, Kristine Coblenz, Lisa J. Zuhn and Lyn Haval

Attachments:[Youth Resiliency - October](#)[Older Adult Network-October, 2021](#)[Special Needs - October](#)[15079-21](#)

Chairman's Report

Presenters:

Philip Gursky

[15080-21](#)

Staff Report

Presenters:

Donna Casados

V. COUNCIL COMMUNICATIONS**VI. PREVIEW OF NEXT MEETING***December 2, 2021***VII. ADJOURNMENT**

If you are an individual with a disability who is in need of a reader, amplifier, qualified sign language interpreter, or any other form of auxiliary aid or service to attend or participate in the hearing or meeting, please contact the County Human Resources Division at 662-8040 at least one week prior to the meeting or as soon as possible. Public documents, including the agenda and minutes can be provided in various accessible formats. Please contact the personnel in the Community Services Administration Office at 662-8241 if a summary or other type of accessible format is needed.



County of Los Alamos

BCC Meeting Minutes

Los Alamos County Health Council

1000 Central Avenue
Los Alamos, NM 87544

Catharyn Fite; Kristine Coblenz; Cameron Counters; Robert Dryja; Carrie Fanning; Philip Gursky; Lyn Haval; Desaree Jimenez; Rachel Light; Carrie Manore; Jordan Redmond; Lori Padilla; Morrie Pongratz; Richard Skolnik; and Lisa Zuhn, Members

Thursday, October 7, 2021

12:00 PM

Meeting will be conducted remotely.
<https://us06web.zoom.us/j/83060456941>

I. CALL TO ORDER

Meeting was called to order at 12:02 p.m. by Chair Philip Gursky.

Present 13 - Councilor Fanning, Councilor Zuhn, Councilor Redmond, Councilor Jimenez, Councilor Gursky, Councilor Padilla, Councilor Fite, Councilor Coblenz, Councilor Light, Councilor Skolnik, Councilor Haval, Councilor Counters, and Councilor Dryja

Absent 2 - Councilor Pongratz, and Councilor Manore

II. PUBLIC COMMENT

No Public Comment

III. BUSINESS

Approval of Minutes from the September 2, 2021 Meeting

Presenters: Philip Gursky

Attachments: [BCCMeetingMinutes29-Sep-2021](#)

A motion was made by Robert Dryja, seconded by Lisa Zuhn that the Minutes be approved as presented. The motion passed by a unanimous vote

Kellogg Funding Update

Presenters: Donna Casados

Attachments: [9.20.21 HC Orientation](#)
[Kellogg Orientation Summary 9 20 21](#)

Donna Casados provided a summary update from Kellogg Orientation and update from meeting.

DOH Deliverable Update

Presenters: Donna Casados

Donna Casados provided an update on the DOH Deliverable 1.

County Gross Receipts Tax Settlement Funds

Presenters: Philip Gursky

Attachments: [CHC Draft Letter on Tax Settlement Funds](#)

A motion was made by Robert Dryja, seconded by Lisa Zuhn that the presented letter supporting and requesting a significant part of the settlement funds be allocated to Community Services Division and Los Alamos County Health Council priorities be approved with grammatical corrections. The motion passed unanimously.

accepted

IV. BOARD/STAFF COMMUNICATIONS

Ad-Hoc Committee Update - Comprehensive Health Plan

Presenters: Cameron Counters

Camron Counter reported on Comprehensive Health Plan AdHoc Committee efforts.

AdHoc Committee Updates

Presenters: Lisa J. Zuhn, Carrie Fanning, Kristine Coblenz, Lyn Haval and Rachel Light

Attachments: [Basic Needs Sub Committee Discussion 09.21.2021 meeting](#)
[BabyNet NL 9.21](#)
[Youth Resiliency Committee Agenda and Notes 9.21](#)
[Youth Resiliency Committee Newsletter September 2021](#)

BabyNet:

-Carie Fanning reported on updates.

Special Needs:

-Rachel Light had nothing to report.

Youth Resiliency:

-Information attached to agenda.

Basic Needs:

-Lisa Zuhn reported on updates.

Older Adult Network:

-Lyn Haval reported no meetings held.

Chairman's Report

Presenters: Philip Gursky

V. COUNCIL COMMUNICATIONS

VI. PREVIEW OF NEXT MEETING

Next meeting will be held November 4, 2021.

VII. ADJOURNMENT

The meeting adjourned at 1:25 p.m.

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The Los Alamos County Health Plan - 2021

Los Alamos County Health Council
Comprehensive Health Plan Sub-Comm

Los Alamos County Health Council

- **Vision:** A community where all members can achieve health and wellness through knowledge of and access to physical and behavioral health resources and skills
- **Mission:** Provide information, recommendations, and assessments regarding community health matters to the Los Alamos County Council

A Comprehensive Health Plan is Required

- NM Senate Memorial44 and HB137 requires County Health Councils develop health plans that monitor health and health care, advise on policies that affect health care, facilitate communication and identify resources to improve health
- The enabling legislation creating the Los Alamos County Health Council mandates a Comprehensive Health Plan. Incorporated County of Los Alamos Resolution No. 19-28
- NM Department of Health performance Contract and County Work Plan for Fiscal Year 2021-2022 requires progress on a County Comprehensive Health Plan
- Kellogg Foundation grant to NM administered by the NM Alliance of County Health Councils requires work on County health planning and needs.

Los Alamos County's Health Goals

- To enable all of our citizens to live as long, healthy, productive and meaningful a life as possible
- To achieve this in doable, sustainable, equitable, and cost-efficient ways

Focus of the Comprehensive Health Plan

The plan would seek to answer four questions:

- What are the barriers to achieving individual and community health and well-being?
- Who do these barriers affect, and why ?
- What is the socio-economic impact of reduced health and well-being?
- What have we learned can be done, building on past efforts and existing services, to address the problem in evidence-based, doable, sustainable, equitable, and cost-efficient ways?

Our Approach to the Planning Process

- Process that would be built on consultation with a broad array of stakeholders
- Content that would be built on ethical priority setting – enabling the best health of our people, in cost-effective, doable, sustainable, and equitable ways
- Content that would build on NMSU's 100% New Mexico Initiative – getting 10 basic services to 100% of our community

Current Health Status of Los Alamos County

- Overall health status of the Los Alamos County
- LAC compared to state and selected counties
- Existing health and well-being services and resources in LAC
- Rates of service/resources utilization in Los Alamos

Who are most affected by barriers to service and resources, and why?

- Examples of Who may include consumer: Age, Gender identity, Race, Ethnicity, Religion, Sexual Orientation, Employment, Insurance status, Nationality, Access to transportation and/or technology, Primary language, Type of service / Resource needed, Household type, Education.
- Examples of Why may include: Service not available, discrimination, cost, awareness, stigma, access, language.
- Examples of data sources will include: Public health data, community health survey, administrative data, interview/focus group results

What are some potential community impacts of limited health and well-being

- The social and economic consequences of our health gaps
- The returns to investing in filling those gaps
- Quality of life in Los Alamos
- Value of creating an equitable and accessible continuum of care for all community members

Examples of Actions Recommended by other Comprehensive Health Plans

- Integrating health services
- Promoting health-enabling social services
- Optimizing natural support systems
- Seek solutions anchored in community strengths and enhance the network of care

Moving Forward : Administrative Steps

- Adoption of Preliminary Plan by Health Council
- Presentation and Adoption of Preliminary Plan by Los Alamos County Council, Requesting resources necessary for outside professional services
- Hiring of Professional Social Services Division Staff Member Funded by Kellogg Foundation
- Adoption of Final Budget and Timeline and Contracting by RFP for Outside Professional Services

Moving Forward: Comprehensive Plan Development

- Gathering and Analysis of Demographic and Health Data
- Bring Plan Website Live for Public Access and Input
- Conduct Health and Basic Services Stakeholder Interviews
- Conduct Focus Group Meetings of Health Interest Groups
- Issuance and Analysis of Health Survey/ NMSU 100% Community
- Compile and Analyze Collected Information
- Draft Preliminary Plan Information and Recommendations

Moving Forward: Comprehensive Plan Development (cont.)

- Conduct Round of Public Meetings for Comment
- Amend Preliminary Plan Draft to Incorporate Public Input
- Submit Draft Plan to Health Council for Review and Approval
- Present Draft Plan, with any Amendments, at County Council Work Session
- Incorporate Comments and Recommendations into a Final Health Plan
- Submit Final Health Plan at Public Hearing, for Health Council Approval
- Submit Final Health Plan for Public Hearing Approval by the County Council

Youth Resiliency Committee

A Sub-Committee of the Los Alamos Community Health Council

Collaborating to Build an Engaged, Connected, and Thriving Community

Vision: We envision a community where **all adults are developing awareness and skills** and all youth are **becoming** connected, engaged, and resilient.

Mission: We support youth and family well-being by bringing awareness to strengths and challenges; connecting people, ideas, and resources; and **increasing access to** services and activities in our local and neighboring communities. **We aim to recognize and celebrate every community member and foster a sense of belonging for all.**

October 4, 2021

Welcome and Share – Identity Activity from Learning for Justice’s [Unpacking Identity](#) lesson.

Present - Tara Adams (JJAB Resource Specialist), Lisabeth Lueninghoener (STEAM Lab and Los Alamos County Racial Equity and Inclusivity (REI) Task Force), Desaree Jimenez (LA Cooperative Extension Service), Morrie Pongratz (LAPS Foundation and Kiwanis), Bailey Martinez, Marie Vigil (Youth Activity Center Site Directors), Cam Counters (CHC Member), Don Casperson (Kiwanis Club and LAPS Foundation), Deni Fell (Los Alamos County Social Services Department Case Coordination Specialist), Eli Argo (Los Alamos Teen Center Assistant Director), Brandi Seekins (LAPS Prevention Support Specialist), Carie Fanning (Family Strengths Network Director), Kristine Coblentz (LAPS Healthy Schools Director)

Resilience Discussion –

Unity Day Message – October 20, 2021 – United for Kindness, Acceptance, and Inclusion
Focus on honoring and celebrating differences and each person’s unique contribution. Balance achievement and competition with an emphasis on collaborative projects, service, and expressing specific appreciation for others.

Action Item:

⇒ Celebrate in your organization or sphere of influence - Unity Day activity ideas [here](#).
Strengthen relationships by reaching out to at least one person this month. One idea is to write an orange sticky note for someone with a specific compliment or appreciation or message of encouragement.

Learning Moment: Reminder when engaging youth in service or other projects to consult the ladder of youth voice which was developed as a tool to help evaluate how youth are engaged and involved in their communities. When youth are offered authentic leadership opportunities in partnership with adults, they naturally develop a sense of control and feelings of competence and confidence. Additional articles about this model by youth engagement consultant Adam Fletcher can be found [here](#).



Adapted by Adam Fletcher (2011) from work by Roger Hart, et al. (1994)

Community – What supports are most needed now? How can we leverage our collaborative to make an impact?

- Mental health – adults and youth
- Housing – impending risk of homelessness for a number of seniors/ families
- Child safety – even in cases that have been reported and investigated by CYFD, some children remain in unsafe living conditions
- School board election and public schools building act

Ideas:

- Train more people in gate keeper programs like Youth Mental Health First Aid
- Check in with the CHC Basic Needs Sub-committee to coordinate efforts and ideas
- Reach out to faith-based organizations to assess their ability to support families/elders in crisis
- Develop program to work with landlords to secure spaces for families in crisis/transition
- Explore the Crisis Nursery model where parents in crisis can receive respite support and connection to related services
- Expand LAC Social Services department to meet the emerging needs – train more community health workers, consider a volunteer/ peer navigator model
- Create a local hub for intensive crisis support and integration of services that can manage long-term support if needed
- Continue to increase coordination and break down silos

Action Items:

⇒ Encourage parents and caregivers and anyone who works or volunteers with youth to sign up for a Youth Mental Health First Aid course. More information on the JJAB [website](#).

⇒ Raise awareness and promote the services that are available at the [Health Commons](#) from Las Clinicas and the NM Department of Health. Higher numbers of engagement will increase support AND help us demonstrate the need for these vital services.

⇒ Attend the next YRC meeting to learn more about and connect with [Life Link](#) services – breaking the cycles of chronic homelessness, mental illness, trauma, exploitation and addiction.

⇒ Get informed and vote on or before November 2nd. Los Alamos League of Women [2021 Voter Guide](#).

100% Community Initiative Update – All of our committee concerns fall under one of the 10 vital services. Consider which Action Team you will join as this project progresses.

* Food * Housing * Medical and Dental Care * Behavioral Health Care * Transportation * Parent Supports * Early Childhood Learning * Community Schools * Youth Mentoring * Job Training *

School Year 2021-22 Planning –

As a community committee, where are we? Where do we want to be? How are we going to get there? See bolded text for updates to the Vision and Mission above.

What are our next steps? Possible action items in order of priority:

- Assist with 100% Community Initiative Survey and implementation process
- Series of PSAs from YRC to increase awareness, amplify our message
- Continue JJAB-LAPS Community Conversations – see notes for possible topics
- Facilitated Youth Focus Groups to gather feedback – use more creative, engaging formats
- Create Trauma Informed Resource Hub or Guide for Community Partners and Organizations + Training Series

Next meeting – November 8, 2021, 9:30 - 11:00 am at Los Alamos Teen Center



Youth Resiliency Committee

A Sub-Committee of the Los Alamos County Health Council

COLLABORATING TO BUILD
AN ENGAGED, CONNECTED, AND THRIVING COMMUNITY

OCTOBER 2021

Our Vision: We envision a community where **all adults are developing awareness and skills** and all youth are **becoming** connected, engaged, and resilient.

Our Mission: We support youth and family well-being by bringing awareness to strengths and challenges; connecting people, ideas, and resources; and **increasing access to** services and activities in our local and neighboring communities. **We aim to recognize and celebrate every community member and foster a sense of belonging for all.**

We are a network of community partners who meet once a month to support one another and share collaborative resources and activities. For more information call 505-663-2263 or email k.coblentz@laschools.net. Previous editions of the newsletter can be found [here](#).

Next YRC Meeting!

Join us on Monday, October 4th
from 9:30-11:00 am
at the Los Alamos Teen Center.
All are welcome to attend.



October's Prevention Theme

**As a community,
how, where, and what are we...**



UNITY DAY

UNITED FOR
KINDNESS
ACCEPTANCE
INCLUSION

Wednesday, October 20

What does effective bullying prevention look like?

- Teaching an appreciation for differences and unique strengths.
- Knowing the difference between teasing, being rude or mean, and bullying.
- Being curious about behavior.
- Practicing communication and conflict resolution skills.
- Learning how to be an Upstander.
- Supporting the bully and the bullied.
- Establishing clear structures and expectations.
- Adults practicing and modeling all of the above.

**Mental Health Challenges
Continue to be a Community Concern**
Register for a **free**
Youth Mental Health First Aid course
with Los Alamos JJAB [here](#).

BE THE 1 TO MAKE A DIFFERENCE 



Resource Highlight

Los Alamos County Library System:

Groups, Resources, and Volunteer Opportunities!

Baby Time - for ages 0-2 and their caregivers.

What's Up Wednesdays - games, activities, fun for ages 7-11.

Homework Help Lab - an opportunity for teens to volunteer and elementary and middle school students to get support from an older peer.

Teen Book Buddy - teens encourage an elementary schooler by listening to them read aloud.

Random Fandom - a group where teens can hang out and talk about all of their favorite things!

TAG (Teen Advisory Group) - discuss all things books and check out the newest arrivals!

Teen Library Volunteer - a chance to give back to our awesome librarians and fellow book lovers.

100 Books Before College Challenge - you got this!

More info about all of the library's resources and offerings at this [link](#).

Support Our Schools!

This essential funding is utilized to enhance learning environments for students at all of Los Alamos Public School sites. Early voting begins on October 5th. Election Day is November 2nd. Your vote matters!



Visit this [link](#) to sign up with code: **LATeen**

Tip of the Month

In an increasingly divisive world, try these four key steps from Brene Brown for finding a sense of true belonging:

1. Make contact with people you disagree with.
2. Share collective joy and pain.
3. Speak up (nicely) when you disagree.
4. Embrace the paradox.

Read the complete article to learn more [here](#).

"That is part of the beauty of all literature. You discover that your longings are universal longings, that you're not lonely and isolated from anyone. You belong."

- F. Scott Fitzgerald





Los Alamos Public Schools

P.O. Box 90
2075 Trinity Drive
Los Alamos, New Mexico 87544

PRESS RELEASE

For Immediate Release

LAPS Celebrates Unity Day



Los Alamos Public Schools continues to celebrate Unity Day every year as one way to raise awareness and prevent bullying in our schools and community by promoting kindness, acceptance and inclusion. Founded in 2006 by PACER's National Bullying Prevention Center, this campaign is held during the month of October and connects communities around the world.

"Unity Day reminds us to celebrate how we are each unique and we are all connected. It encourages us to recognize that each person has strengths to contribute. Unity Day emphasizes honoring differences and reaching out with

kindness and understanding," explains Healthy Schools Director Kristine Coblentz.

Unity Day is Wednesday, October 20th and everyone is encouraged to WEAR and SHARE **ORANGE** to visibly support the belief that no child should ever experience bullying.

More than 1 out of every 5 students report being bullied, according to the National Bullying Prevention Center. This past year, a worldwide pandemic and a growing movement for racial equity and social justice have highlighted the need to unite communities for a better future. It is more important than ever to join together in creating a world that is kinder, more accepting, and more inclusive.

At LAPS, teachers and school counselors lead classroom lessons to help students learn and practice what kindness, acceptance and inclusion look like. In partnership with student clubs, they sponsor activities to build school community throughout the year. Some examples include Start with Hello Week, the Great Kindness Challenge, Heart Attack, and school spirit weeks. If students experience bullying, they are encouraged to tell a trusted adult or report through either the district's website or, for secondary students, through the See Something, Say Something Anonymous Reporting app.

Brandi Seekins, LAPS Prevention Specialist, adds, "On Unity Day and every day, we each have an opportunity to reach out in kindness. This year we encourage everyone to take a moment to write a note of specific appreciation to someone in the community: a teacher, a neighbor, the mail delivery person, a store clerk, a coach... anyone whose kind acts may frequently go unnoticed."

To learn more about National Bullying Prevention Month, go to PACER.org/Bullying.

##

For more information, please contact:

Interim Superintendent Jennifer Guy
Los Alamos Public Schools
Office: 505-663-2228
j.guy@laschools.net

October 18, 2021

Older Adult Network
Meeting October 20, 2021

The meeting was held on Zoom, but several members were unable to connect.

Here are the highlights:

Many organizations are struggling to hire staff.

Visiting Nurses staff is 100% fully vaccinated!

Home Instead is sponsoring a prize for a Halloween drive thru costume contest, at the White Rock Senior Center.

The senior center will hold a Fitness Day on Wed the 27th, with some outside activities. They will also hold a small memorial for those lost during the pandemic, Nov 1st. They are hoping to give booster vaccines in early November with Nambé Drugs and the County.

The OAN will collaborate on a resource event in mid November. Aging and Long-Term Services is holding a virtual conference and have asked senior centers to hold mini events.

DD&SN Subcommittee October Report

About 100 visitors came out to Homestead Day on Saturday, Oct. 23 at the historic Lujan cabin to enjoy history, games, crafts and a fair exhibition. Visitors got to sample Rose Chocolatier's delicious orange spice cookies which placed second in the sweet category of Rose Chocolatier's fall menu competition. Lemonade Living, Los Alamos Historical Society, The Gifted Horse and Rose Chocolatier partnered to put on the event which was sponsored by Family Strengths Network and Con Alma.

Lemonade Living intends to resume DD&SN Roundtable meetings on the third Friday of the month, the next one Nov. 19.

Wednesday After-School Camp at The Gifted Horse has been well received. We will be reaching out for additional volunteers and riding and education instructors for The Gifted Horse and Homestead Ranch School to meet community interest for this program. Our November session ends Nov. 17.

Rose Chocolatier's Sweets & Treats Menu Competition was a huge hit with customers. Staff, employees and trainees entered their best personal recipes and the top two winners in each category have been added to the fall menu. Customer votes chose the following winners:

1. Pumpkin Roll, 1st place sweet category (new menu item)
2. Pumpkin Muffin, 1st place savory category (new menu item)
3. Pumpkin Sage Ravioli, 2nd place savory category (new menu item)
4. Trail Mix, 3rd place savory category
5. Orange Spice Cookies, 2nd place sweet category (new menu item)
6. Chocolate Nut Pie, 3rd place sweet category

A Rose Chocolatier trainee is taking a College of Employment Services class through UNM's Center for Development and Disability toward earning an Association of Community Rehabilitation Educators (ACRE) certificate and becoming a job coach. Three additional personnel from Lemonade Living are also taking the class which is sponsored by Partners for Employment, the Department of Vocational Rehabilitation and the Developmental Disabilities Supports Division. The training is the result of a joint effort to strengthen the capacity of service providers in our state as well as to increase the number of Certified Employment Support Professional (CESP) credential and ACRE certificate holders in New Mexico.

Rose Chocolatier is handing out candy for Trick or Treat Mainstreet Friday, Oct. 29.

Lemonade Living will be opening the Lujan cabin for tours, hot cider, hot cocoa and treats as part of Los Alamos Stable Owners Association (LASOA) Dec. 12 Luminaria Walk.