



LOS ALAMOS

# County of Los Alamos

1000 Central Avenue  
Los Alamos, NM 87544

## Agenda - Final

### Los Alamos County Health Council

*Catharyn Fite; Kristine Coblenz; Cameron Counters; Robert Dryja; Carrie Fanning; Philip Gursky; Lyn Haval; Desaree Jimenez; Rachel Light; Carrie Manore; Jordan Redmond; Lori Padilla; Morrie Pongratz; Richard Skolnik; and Lisa Zuhn,  
Members*

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Thursday, January 6, 2022

12:00 PM

Meeting will be conducted remotely via Zoom

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Due to COVID-19 concerns, meeting will be conducted remotely.

#### Note:

*Members of the Public can, also, join this meeting session to make public comment via Zoom by pasting into their browser the following:  
[https://us06web.zoom.us/webinar/register/WN\\_vNfRu43VSRCOcedZkGLFig](https://us06web.zoom.us/webinar/register/WN_vNfRu43VSRCOcedZkGLFig)*

*Or Telephone:*

*Dial(for higher quality, dial a number based on your current location):*

*US: +1 346 248 7799 or +1 720 707 2699 or +1 253 215 8782 or +1 312 626 6799 or +1 646 558 8656 or +1 301 715 8592*

*Webinar ID: 863 7506 7263*

*For Viewing alone use <http://losalamos.legistar.com/Calendar.aspx>*

**1. CALL TO ORDER**

**2. PUBLIC COMMENT**

**3. BUSINESS**

- A.** [15323-21](#) Approval of minutes from the December 2, 2021 meeting

**Presenters:** Philip Gursky

**Attachments:** [BCC Meeting Minutes 12.2.2021](#)

- B.** [15329-21](#) Approval of 2022 Los Alamos Health Council (LACHC) meeting dates

**Presenters:** Los Alamos County Health Council

**Attachments:** [A - LACHC 2022 Meeting Schedule](#)

C. [15330-21](#) Selection of New Chair

**Presenters:** Los Alamos County Health Council and Katherine Hudspeth

#### 4. BOARD/STAFF COMMUNICATIONS

A. [15325-21](#) LACHC Comprehensive Health Plan/Equity Subcommittee Update

**Presenters:** Philip Gursky, Cameron Counters and Katherine Hudspeth

B. [15326-21](#) Chairman's Report

**Presenters:** Philip Gursky

C. [15327-21](#) AdHoc Committee Updates

**Presenters:** Carrie Fanning, Rachel Light, Kristine Coblenz, Lisa J. Zuhn and Lyn Haval

**Attachments:** [A - Youth Resiliency Report](#)  
[B - Older Adult Network Report](#)

D. [15328-21](#) Staff Report

**Presenters:** Katherine Hudspeth

**Attachments:** [A - Final FY22 Los Alamos County Health Council Work Plan](#)  
[B - FY23 LACHC Workplan DRAFT](#)

#### 5. COUNCIL COMMUNICATIONS

#### 6. PREVIEW OF NEXT MEETING

#### 7. ADJOURNMENT

If you are an individual with a disability who is in need of a reader, amplifier, qualified sign language interpreter, or any other form of auxiliary aid or service to attend or participate in the hearing or meeting, please contact the County Human Resources Division at 662-8040 at least one week prior to the meeting or as soon as possible. Public documents, including the agenda and minutes can be provided in various accessible formats. Please contact the personnel in the Community Services Administration Office at 662-8241 if a summary or other type of accessible format is needed.



# County of Los Alamos

Los Alamos, NM 87544  
www.losalamosnm.us

## Staff Report

January 06, 2022

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**Agenda No.:** A.  
**Index (Council Goals):**  
**Presenters:** Philip Gursky  
**Legislative File:** 15323-21

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### **Title**

Approval of minutes from the December 2, 2021 meeting

### **Recommended Action**

**I move that the Board approve the attached minutes**

### **Body**

The December 2, 2021 minutes are ready for consideration and approval

### **Attachments**

A - December 2, 2021 meeting minutes



**County of Los Alamos**  
**BCC Meeting Minutes**  
**Los Alamos County Health Council**

1000 Central Avenue  
Los Alamos, NM 87544

*Catharyn Fite; Kristine Coblenz; Cameron Counters; Robert Dryja; Carrie Fanning; Philip Gursky; Lyn Haval; Desaree Jimenez; Rachel Light; Carrie Manore; Jordan Redmond; Lori Padilla; Morrie Pongratz; Richard Skolnik; and Lisa Zuhn, Members*

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Thursday, December 2, 2021

12:00 PM

Meeting will be conducted remotely.  
<https://us06web.zoom.us/j/84093532180>

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**Meeting will be conducted remotely.**

Notes:

NOTE: This meeting is in person and open to the public. However, for convenience, the following Zoom meeting link and/or telephone call in numbers may be used for public viewing and participation:

<https://us06web.zoom.us/j/84093532180>

Or Telephone: Dial (for higher quality, dial a number based on your current location):

US: +1 720 707 2699 or +1 253 215 8782 or +1 346 248 7799 or +1 646 558 8656 or +1 301 715 8592 or +1 312 626 6799

Webinar ID: 840 9353 2180

## **I. CALL TO ORDER**

Meeting was called to order at 12:02 p.m. by Chair Philip Gursky.

Present 12 - Councilor Pongratz, Councilor Redmond, Councilor Jimenez, Councilor Gursky, Councilor Padilla, Councilor Fite, Councilor Manore, Councilor Light, Councilor Skolnik, Councilor Haval, Councilor Counters, and Councilor Dryja

Absent 3 - Councilor Fanning, Councilor Zuhn, and Councilor Coblenz

## **II. PUBLIC COMMENT**

No Public Comment.

## **III. BUSINESS**

**15196-21** Approval of Minutes from the November 2, 2021 Meeting

**Presenters:** Philip Gursky

A motion was made by Richard Skolnik seconded by Morris Pongratz that the Minutes be approved as presented. The motion passed by a unanimous vote.

**15197-21** Dr. Laura Parajon, NMDOH Deputy Cabinet Secretary Meet and Greet

**Presenters:** Philip Gursky

**IV. BOARD/STAFF COMMUNICATIONS**

**15198-21** LACHC Comprehensive Health Plan/Equity Subcommittee Update

**Presenters:** Philip Gursky, Cameron Counters and Donna Casados  
Cameron Counters reported updates.

**15199-21** Chairman's Report

**Presenters:** Philip Gursky  
Philip Gursky reported on Board Member terms.

**15200-21** AdHoc Committee Updates

**Presenters:** Carrie Fanning, Kristine Coblenz, Lisa J. Zuhn, Rachel Light and Lyn Haval  
BabyNet:  
-Carie Fanning  
Special Needs:  
-Rachel Light  
Youth Resiliency:  
-Kristine Coblenz  
Basic Needs:  
-Lisa Zuhn  
Older Adult Network:  
-Lyn Haval

**15201-21** Staff Report

**Presenters:** Donna Casados and Katherine Hudspeth  
Donna Casados reported Community Services Department updates.

**V. COUNCIL COMMUNICATIONS**

County Councilor David Reagor reported updates.

**VI. PREVIEW OF NEXT MEETING**

Next meeting will be held January 6, 2022.

**VII. ADJOURNMENT**

The meeting adjourned at 1:15 p.m.

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# County of Los Alamos

## Staff Report

January 06, 2022

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**Agenda No.:** B.  
**Index (Council Goals):**  
**Presenters:** Los Alamos County Health Council  
**Legislative File:** 15329-21

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### **Title**

Approval of 2022 Los Alamos Health Council (LACHC) meeting dates

### **Recommended Action**

**I move that the LACHC Board approve the 2022 meeting dates as presented**

### **Body**

Meeting dates for 2022 are still for the 1st Thursday of every month.

### **Attachments**

A - 2022 LACHC Meeting Calendar

# LOS ALAMOS

where discoveries are made

Los Alamos County  
Health Council  
2022 Meeting Dates

**DATE:** 1<sup>st</sup> Thursday of each month \**(Unless noted otherwise.)*      **TIME:** 12:00 p.m.

**LOCATION:** Los Alamos County Municipal Bldg., 1000 Central Ave., First Floor,  
Los Alamos, NM Boards & Commissions Room 110 OR ZOOM

January 6, 2022	12:00pm	ZOOM
February 3, 2022	12:00pm	ZOOM
March 3, 2022	12:00pm	ZOOM or Room 110
April 7, 2022	12:00pm	ZOOM or Room 110
May 5, 2022	12:00pm	ZOOM or Room 110
June 2, 2022	12:00pm	ZOOM or Room 110
July 7, 2022	12:00pm	ZOOM or Room 110
August 4, 2022	12:00pm	ZOOM or Room 110
September 1, 2022	12:00pm	ZOOM or Room 110
October 6, 2022	12:00pm	ZOOM or Room 110
November 3, 2022	12:00pm	ZOOM or Room 110
December 1, 2022	12:00pm	ZOOM or Room 110



# County of Los Alamos

Los Alamos, NM 87544  
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## Staff Report

January 06, 2022

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**Agenda No.:** C.

**Index (Council Goals):**

**Presenters:** Los Alamos County Health Council and Katherine Hudspeth

**Legislative File:** 15330-21

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### **Title**

Selection of New Chair

### **Recommended Action**

**I move that the LACHC Board approve the outcome of the votes in selecting a new chair and co-chair of the Los Alamos County Health Council, and those roles to be effective at the February 2022 LACHC Board meeting.**

### **Body**

LACHC Chair Gursky's and Co-chair Fite's terms conclude January 2022, and a new Chair and Co-Chair need to be selected via vote.



# County of Los Alamos

## Staff Report

January 06, 2022

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**Agenda No.:** A.

**Index (Council Goals):**

**Presenters:** Philip Gursky, Cameron Counters and Katherine Hudspeth

**Legislative File:** 15325-21

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### **Title**

LACHC Comprehensive Health Plan/Equity Subcommittee Update

### **Body**

Provide updates as to status of health plan and any upcoming events directly related to the Comprehensive Health Plan



# County of Los Alamos

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## Staff Report

January 06, 2022

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**Agenda No.:** B.  
**Index (Council Goals):**  
**Presenters:** Philip Gursky  
**Legislative File:** 15326-21

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### **Title**

Chairman's Report

### **Body**

Chairperson will present the Chairman's Report, including the status of Board Applicants - there are currently 3

Los Alamos Health Council Seats set to expire on January 6, 2022 are:

- Jordan Redman - 1st term
- Catharyn Fite - 1st term
- Philip Gursky - 1st term
- Carrie Fanning - 1st term
- Kristine Coblentz - 1st term
- Desaree Jimenez - 1st term



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## Staff Report

January 06, 2022

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**Agenda No.:** C.

**Index (Council Goals):**

**Presenters:** Carrie Fanning, Rachel Light, Kristine Coblentz, Lisa J. Zuhn and Lyn Haval

**Legislative File:** 15327-21

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### **Title**

AdHoc Committee Updates

### **Body**

LACHC AdHoc Committee Updates by LACHC Liaisons:

- BabyNet: Carrie Fanning  
BabyNet committee did not meet in December 2021, therefore no updates.
- Special Needs: Rachel Light
- Youth Resiliency: Kristine Coblentz
- Basic Needs: Lisa Zuhn  
Basic Needs committee did not meet in December 2021, therefore no updates.
- Older Adult Network: Lyn Haval

### **Attachments**

- A - Youth Resiliency Report
- B - Older Adult Network Report

## **Youth Resiliency Committee**

A Sub-Committee of the Los Alamos Community Health Council

Collaborating to Build an Engaged, Connected, and Thriving Community

**Vision:** We envision a community where all adults are developing awareness and skills and all youth are becoming connected, engaged, and resilient.

**Mission:** We support youth and family well-being by bringing awareness to strengths and challenges; connecting people, ideas, and resources; and increasing access to services and activities in our local and neighboring communities. We aim to recognize and celebrate every community member and foster a sense of belonging for all.

December 13, 2021

**Welcome and Share Celebrations** – present – Carie Fanning (Family Strengths Network Director), Veronika Magnelind (The Family YMCA Sports, Youth and Family Program Director), Tara Adams (JJAB Resource Specialist), Mary Beth Bloser (Health and Wellness and SENG (Supporting the Emotional Needs of Gifted Children) Parent Coach), Jenny McCumber (Executive Director LAPS Foundation), Morrie Pongratz (LAPS Foundation and Kiwanis), Don Casperson (Kiwanis Club and LAPS Foundation), Kate Cleveland (FSN Board, Health and Wellness Coach), George Marsden (Los Alamos Teen Center Director), Melissa Mackey (Mesa Public Library Youth Services), Eli Argo (Los Alamos Teen Center Assistant Director), Kristine Coblentz (LAPS Healthy Schools Director)

**Share** - Calls for assistance/ help with promotion, getting the information to those who need it:

Free ESL Classes for Adults taught by UNMLA instructor, hosted by Mesa Public Library (activities for children 6 and up facilitated by partnering organizations) and FSN (childcare available) will be starting in January

Referees needed for the Family YMCA basketball program

Veronika from the Family YMCA is working on an idea for a Self Defense/ Upstander/ Verbal De-escalation Class for middle school youth in collaboration with Strong in Nature. FSN has provided similar classes for elementary youth and high school health classes in the past.

Veronika is also interested in starting a 4 week summer sports camp to provide another more consistent summer option for families and an intramural sports program, needs that have been recognized for a long time. Lack of available gym space continues to be a challenge.

Our Whole Lives sexuality program for children in grades K-2 will be starting at FSN in February.

### **Resilience Discussion** –

Updates and feedback from JJAB Meeting discussion on problematic substance use

- Both prevention and intervention supports needed
- Create Friday Night Fun Nights as an alternative to partying
  - Rotate space, collaborative partners, activities to keep it fresh

- Gathering places with facilitated support from an adult mentor centered around a creative arts theme (theater, music, visual arts) may be more effective to support youth who are struggling than stock or generic prevention programs/ activities
  - Informal, serve food, welcoming, non-judgmental, supported by adults in recovery, attend by invitation
- Harm-reduction, safety focused messaging targeted to parents and youth needs to start now to raise awareness before legalization
- Continue awareness presentations for parents/ caregivers– how to get more attendance? Other ways to get info to parents?

2021 YRRS Survey Complete – random sample of students in grades 6-12, some parent concern expressed, need to continue to educate and inform people about the value of the survey, notify parents ahead of time

LAPS Safe and Civil Schools Climate and Safety Trends Survey – open now to parents/ caregivers, students, staff to provide feedback on conditions in the schools to inform school improvement initiatives

### **2021-22 Check In –**

As a community committee, where are we? Where do we want to be? How are we going to get there? Are we aligned with our purpose? What are the highlights? Where are the pain points?

### **Highlights:**

- We are people of service who care about youth and families.
- Seeing each other, learning about services that exist for youth in our community.
- Strong, supportive community, we want to have an impact.
- Sharing information about what programs and opportunities are available.
- Supporting one another, filling our cups.
- Fruitful, organic conversations.
- Learn what others are doing but not in a formal sharing.

### **Opportunities for Growth:**

- How do we get the information we discuss and generate back out to the community?
  - YRC newsletter, attendees need to take it back and share it with organizations
  - IDEAS – regular PR directly from the committee, Social media, Teen created TikTok content, Monthly column, JJAB Community Conversations
- How do we get information and resources to the people who need it most?
  - Currently - Word of mouth, connections, existing relationships
- How do we increase our impact?
  - Schedule a second meeting/ month to share food and work in committees around particular areas
  - Move from discussion to action

- Get community leaders to attend – get them to understand the issues and act
- Still talking about the same things i.e. Tween Center
- Need more time to support one another and get the work done
- More collaboration
- Balance rich discussion with actionable items – i.e. substance awareness messages
- See community through multiple lenses to create a full picture
- Host a Youth Summit with adults and young people working together to create effective solutions
- Take time to map existing programs and services and vision around what the ideal would look like – no barriers, a community that fulfills our mission and vision – what impact could this have for youth and families?
- Large group program share could be better – use of time is great for gratitude/SEL conversations, maybe program info shared in another way?

What are our next steps? Possible action items (carried over from previous meetings):

- Series of PSAs from YRC to increase awareness, amplify our message
- Facilitated Youth Focus Groups to gather feedback – use more creative, engaging formats
- Continue JJAB-LAPS Community Conversations
- Create Trauma Informed Resource Hub or Guide for Community Partners and Organizations + Training Series
- Assist with 100% Community Initiative Survey

**Upcoming Opportunities for Collaboration/ Engagement –**

Resource Highlight and Events needed for January newsletter – send them to [k.coblentz@laschools.net](mailto:k.coblentz@laschools.net)

**Next meeting – January 10, 2022, 9:30 - 11:00 am at Los Alamos Teen Center**



# Youth Resiliency Committee

A Sub-Committee of the Los Alamos County Health Council

COLLABORATING TO BUILD  
AN ENGAGED, CONNECTED, AND THRIVING COMMUNITY

DECEMBER 2021

**Our Vision:** We envision a community where all adults are developing awareness and skills and all youth are becoming connected, engaged, and resilient.

**Our Mission:** We support youth and family well-being by bringing awareness to strengths and challenges; connecting people, ideas, and resources; and increasing access to services and activities in our local and neighboring communities. We aim to recognize and celebrate every community member and foster a sense of belonging for all.

We are a network of community partners who meet once a month to support one another and share collaborative resources and activities. For more information call 505-663-2263 or email [k.coblentz@laschools.net](mailto:k.coblentz@laschools.net). Previous editions of the newsletter can be found [here](#).

## COPING WITH HOLIDAY STRESS

- 1 Get enough sleep and exercise
- 2 Avoid overspending
- 3 Don't focus on having the "perfect" holiday
- 4 Examine and then revise expectations
- 5 Don't be afraid to say no
- 6 Limit alcohol consumption & enjoy treats in moderation



psychiatry.org



### Next YRC Meeting!

Monday, December 13th  
from 9:30-11:00 am  
at the Los Alamos Teen Center.  
All are welcome to attend.



FAMILY STRENGTHS NETWORK PRESENTS

## SENSORY FRIENDLY HOLIDAY CELEBRATION

FEATURING A QUIET SPACE TO VISIT WITH SANTA!

DECEMBER 14, 2021  
5:00PM - 7:00PM



Sign up for a time slot!




## JINGLE BELL 5K



Jingle, Run or Walk with us!

December 11, 11:00am

Cost: \$25/first family member  
\$10/each additional family member  
\$15/solo student (high school or college)  
FREE-kids 2 & under



## Los Alamos WinterFest DEC. 3-5

Holiday Lights Parade  
Saturday, Dec. 4, 6 PM





## 8 Benefits of Playing Board Games

### Resource Highlight

#### The Life Link

2325 Cerrillos Road, Santa Fe  
info@TheLifeLink.org, 505-438-0010

Committed to improving individual and community health through breaking cycles of chronic homelessness, mental illness, trauma, exploitation, and addiction, this regional agency provided more than 15,000 client contacts last year. The Life Link is able to assist with housing supports, mental health and substance abuse services, and human trafficking aftercare. Individual services and group support are available to qualifying residents of Santa Fe County and the surrounding areas. Support this organization by participating in their online Holiday Jeopardy! Game to be held on **December 2nd from 5:30-7:00 pm**. Featuring local government officials and business sponsors. More info [here](#).



#### Winterfest Tabletop Game Day

Bring the family or some friends to try out a new game or play an old favorite from the library's extensive tabletop game collection.

All ages are welcome.

Hot chocolate and cookies will be served in The Zone during the event.

**December 4, 11:00- 4:00 pm**  
**at Mesa Public Library**  
**lower-level and The Zone.**

As we continue to adapt to living through a global pandemic, many people are feeling the effects of isolation and a lack of social interaction. Access to technology makes it easy to retreat to our corners on our own devices. Social skills are rusty at best and you may be finding it difficult to sustain attention and stay on task. Connie Stemmler from Happier Human shares eight ways that playing board games can contribute to a happy and healthy lifestyle and may even help us recover from the negative impacts of the last 18 months.

- 1.Reduces Screen Time
- 2.Creates Connections with Friends and Family
- 3.Produces Great Memories
- 4.Offers Valuable Teaching Tools for Children
- 5.Reduces Stress
- 6.Increases Cognitive Function
- 7.Makes Socializing Easy
- 8.Increases Confidence

Read the full article including Action Tips [here](#).

### Tip of the Month

Dreading holiday party small talk or tense family dinner conversations? Create more authentic connections by channeling your curiosity into creative, open-ended questions. Try these: What was the most important holiday you remember growing up? Why? What were things like for you as a child? Why did you decide to take the job that you did? What do you love most about the place where you live? What are you looking forward to in the New Year? Learn more about the power of asking bridging questions - those that you don't yet know the answer to - [here](#).

**"Real generosity towards the future lies in giving all to the present."**

**- Albert Camus**

Report to the County Health Council from Older Adult Network for January, 2022:

Senior Centers: The senior center will close in-person lunch in January and just do drive thru and Home Delivered. They closed Thurs. and Fri. of Christmas week and closed half a day on Dec.31<sup>st</sup> for their first all staff training since Dec of 2019!

Ken Hendricks, Home Instead: They are still looking for more caregivers. Ken has helped with bell-ringing for Self-Help. He said that they raised over \$15,000 this year.

Jen Bartram: Also helped with bell-ringing. She has on-going counseling for grief groups through Golden Willow. She has found high levels of stress and anger in many people because of COVID.

Deni Fell: County Social Services--Reported that she has a new work phone number: 505-709-5916. There will be no COVID testing on Christmas or New Year's Eve. Contact the state Dept. of Health for Vaccine info. There will be interviews for Donna's job on Jan. 14. Deni is also on the County Health Council subcommittee for the Comprehensive Health Plan and reported that they are also working as the Equity committee with the Kellogg grant.



# County of Los Alamos

Los Alamos, NM 87544  
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## Staff Report

January 06, 2022

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**Agenda No.:** D.  
**Index (Council Goals):**  
**Presenters:** Katherine Hudspeth  
**Legislative File:** 15328-21

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### **Title**

Staff Report

### **Body**

Community Services Department updates to the Board:

- Work Plans for FY23 need to be updated and completed by the end of February 2022

### **Attachments**

- A - FY22 Los Alamos Health Council Work Plan
- B - DRAFT FY23 Los Alamos Health Council Work Plan



LOS ALAMOS  
where discoveries are made

## FY22 Work Plan for Los Alamos County Boards and Commissions

(Fiscal Year 2021: July 1, 2021 – June 30, 2022)

**Board and Commission Name: Los Alamos County Health Council**

**Date prepared: 05/18/2021**

**Date approved by Council: June 29, 2021**

**Prepared by: LACHC**

**This work plan will be accomplished in the following time frame: July 1, 2021-June 30, 2022**

**Chairperson: Philip Gursky**

**Members and Terms:**

Member	Start/End Dates	Term
Catharyn Crall Carie Fanning Kristine Coblenz Desaree Jimenez Philip Gursky Jordan Redmond	01/07/2020-06/30/2022	1 year
Lisa Zuhn Morris Pongratz Lori Padilla Cameron Counter Lyn (Lynia) Haval Robert Dryja Richard Skolnik Carrie Manore Rachel Light	03/30/2021-01/6/2023	2 year

**Department Director: Cory Styron, Community Services Director**

**Work plan developed in collaboration with Department Director. (Y/N?) Y**

**Staff Liaison: Donna Casados**

**Administrative Support provided by: Eloisa Sanchez**

**Council Liaison: David Reager**

**Reviewed by Council Liaison? Yes**

**1.0 Provide a brief Summary of your Board or Commission’s activities over the past twelve months. Please describe your Board or Commission’s accomplishments and identify constraints. List any “lessons learned” and identify the greatest challenges faced by the Board or Commission.**

- Onboarding of New Health Council board members appointed by County Council; board is currently full.
- Completed all objectives required for DOH Grant Funding for FY21 (this is funding that is allocated to local Health Councils for completing of various deliverables such as coordinating monthly meetings, attending specified trainings hosted by DOH specific to health councils and their roles, creating a factsheet, and completing the objective (health initiative) the health councils chose to focus their efforts on.
- Still researching avenues and platforms for virtual colocation for resources and events. Completed objective of securing beds for Los Alamos County Residents in an inpatient behavioral health and substance abuse issues through Darrin’s Place in Espanola.

**2.0 Describe the future work plans for this Board or Commission using the following items and showing the relationship to those items: *(Please remember that Council approval of this work plan does not constitute official Council approval of proposed projects, assignments, or anticipated recommendations included in this work plan that have budget implications.)***

- A. Last year, the County Health Council reviewed the Health Services Gap Analysis that was completed in March of 2020 and the Youth Risk and Resiliency Survey that was completed in 2019. As a result, the FY22 Work Plan focuses on addressing the health priorities.

Health Services Gap Analysis reviews low-income housing needs, access to care, food insecurity, etc. The CHC identified five areas with gaps:

- Problems with access to health care services, inadequate numbers of healthcare workforce, issues with non-acceptance of Medicaid and some commercial health insurance
- Lack of affordable and acceptable housing stock
- Culture of alcohol acceptance and drug/substance use
- Mental health; high stress and anxiety in general population and unmet needs for new residents
- Silent and sizable “near poor” population with high stigma about poverty/lack of awareness of resources.

The first step for the Board is working with 211, a national organization that serves as a resource for databases for health and human services issues. Through this collaboration, the health resources within the community may be better accessed by those in need.

The Board is also discussing the best community platform to utilize and to house on-line access to the health resources within Los Alamos.

- B. The Youth Risk and Resiliency Survey (YRRS) analyzes the behavior exhibited by high school students in the County to determine the type and level of risky behaviors. The report compares the County findings to statewide and national results.

This year, 2021, is the first year that the role of intervention and prevention is assumed by the Health Council. The CHC will review not only, the existing county programs to identify in-place programs that address the concerns identified in the YRRS, but also to implement programs that emphasizes prevention not currently in place.

**2.1 List any special projects or assignments given to this Board or Commission by Council or the Department director:**

As part of the Grant Funding requirements LACHC must meet certain deliverables within a Scope of Work for Fiscal Year 2022: (Deliverables not yet provided by NMDOH)

**2.2 List the guiding documents/plans (with approval or revision dates listed) used by this Board or Commission.**

Incorporated County of Los Alamos Resolution No. 19-28

**2.3 Other projects/assignments proposed by the Board or Commission: (*Any projects or activities proposed in this section should be discussed with the Council Liaison prior to listing it in this work plan.*) To assist with Council review of the work plans, please list the B&C's proposed projects or assignments in priority order. :**

Los Alamos County Health Council would like to develop a virtual platform that would be available for organizations within Los Alamos County to advertise their events and programs offered, but also have an accessible resource directory available to community members who are seeking out services

**3.0 Identify any interfaces for the goals/tasks in this work plan with County Departments and other Boards and Commissions. Specify the coordination required.**

Los Alamos County Health Council will be working on developing a comprehensive health plan for Los Alamos County that encompasses next 5-7 years.

Dependent on Virtual Platform selected, LACHC will work through Los Alamos County Social Services Division to work with and coordinate with County IT Department and Procurement.

**4.0 List any special public information or involvement meetings or efforts to be conducted by this Board or Commission:**

- As noted in Section 3.0 – the Board may collaborate with other entities to develop programs, networks, partnerships and coalitions as necessary to improve health.
- As noted in Section 3.0 – the Board will facilitate communication among local jurisdictions, state agencies and other entities

**5.0 List the current AdHoc/subcommittees for this Board or Commission.**

LACHC AdHoc Committees and LACHC Liaisons:

BabyNet: Carie Fanning

Special Needs: Rachel Light

Youth Resiliency: Kristine Coblantz

Basic Needs: Lisa Zuhn

Older Adult Network: Lyn Haval

**5.1 For subcommittees with members that are not members of the parent board or commission: List the subcommittee members and their terms.**

**Explain how sub- committee members are selected or appointed.**

**Provide a description of each subcommittee’s charter or purpose.**

**Describe the expected duration for the subcommittee and their work plan(s) demonstrating how they support the Board or Commission:**

**Attachment A: Provide a copy of your Board or Commission’s “Purpose” and “Duties and Responsibilities” from Resolution No. 19-28.**

**Attachment B: Using the chart below, place an X in the column on the right if the Council Goal is related to the work of the Environmental Sustainability Board**

**Incorporated County of Los Alamos Resolution No. 19-28**

**Section 1: Health Council.** There is hereby created a Health Council which shall be known as the “Los Alamos County Health Council.”

**Section 2: Composition, Terms of Office, and Compensation.** The Los Alamos County Health Council (“Health Council”) shall consist of up to fifteen (15) members, appointed by County Council. The members of the Health Council shall be selected to represent a broad spectrum of interests and who represent diverse community interests, including individuals and public, private and nonprofit entities, which may include Los Alamos National Laboratory representation, health providers, parenting families, local school administrators, public health services, local non-profit organizations, income support services, and hospital administrators.

Members shall be appointed to staggered terms of two (2) years, and no member shall serve more than four (4) consecutive years. The Health Council shall annually select a Chairperson and a Vice-Chairperson by majority vote of its members.

**Section 3. Duties.** The Health Council shall develop recommendations to County regarding comprehensive health planning, coordination of health resources and identification of needs, services, projects and programs that can affect community health.

The Health Council shall prepare an annual Community Health Plan and report its Plan to County Council and to the State of New Mexico Department of Health. The Community Health Plan shall include:

- (1) a county health assessment and inventory of health resources.
- (2) identification of health priorities determined through independent, community-based planning processes; and
- (3) strategies and resources to address health priorities.

The Health Council shall monitor health and health care programs and services in order to identify potential gaps and to reduce potential duplication; collaborate with other entities to develop programs, networks, partnerships and coalitions as necessary to improve health; advise County Council regarding policies that affect health; facilitate communication among local jurisdictions, state agencies and other entities; and identify additional public and private resources to improve health in its respective jurisdiction.

**Section 4.** The Health Council shall adhere to all applicable laws and guidelines governing County’s boards and commissions.

**Section 5:** The Health Council shall prepare a written report on their activities at least twice per year. The report shall be provided to the Director of Community Services who shall present it to County Council.

**Section 6: Effective Date.** This Resolution shall become effective upon adoption and remain in effect until amended or rescinded.

**PASSED AND ADOPTED** this 3<sup>rd</sup> day of December, 2019.

**Council Goals and Priority Areas**

<p>Enhancing quality of life, economic vitality, environmental sustainability, and racial equity and inclusivity are overarching goals that will be components of all our efforts as we coordinate with Los Alamos National Laboratory and regional partners and plan for appropriate levels of County services.</p>	
<p>Enhancing Communication</p>	
<p>Enhancing communication with the public to promote transparency and strengthen trust in County government.</p>	<p>X</p>
<p>Increasing the Amount and Types of Housing Options</p>	
<p>This includes increasing the variety of housing options for all segments of the community, from affordable to new options for those interested in downsizing or moving closer to central areas of the community, and pursuing opportunities for utilization of vacant spaces to address these needs.</p>	
<p>Protecting, Maintaining, and Improving Our Open Spaces, Recreational, and Cultural Amenities</p>	
<p>Los Alamos County open spaces and cultural attractions are greatly valued by the community and provide opportunities for recreational and economic growth; appropriately allocating resources to ensure their health and sustainability is important to our citizens.</p>	
<p>Enhancing Support and Opportunities for the Local Business Environment</p>	
<p>This includes appropriately supporting existing businesses, growing new businesses, supporting technology start-ups and spin-offs, and identifying opportunities for utilizing vacant space as a part of these efforts.</p>	
<p>Supporting Social Services Improvement</p>	
<p>Behavioral, mental, and physical health and social services are important quality of life components; there are key areas where appropriate types and levels of County support could help address current needs</p>	<p>X</p>
<p>Improving Access to High Quality Broadband</p>	
<p>Enabling reliable high-speed broadband service throughout the county by determining appropriate investments (e.g., conduct a community needs analysis, evaluate technical options).</p>	
<p>Investing in Infrastructure</p>	
<p>Appropriately balancing maintenance of existing infrastructure with new investments in county utilities, roads, trails, expanded transit options, facilities and amenities, which will help improve environmental stewardship, sustainability, and quality of life, while allowing for sustainable growth.</p>	



LOS ALAMOS  
where discoveries are made

## FY23 Work Plan for Los Alamos County Boards and Commissions

**(Fiscal Year 2023: July 1, 2022 – June 30, 2023)**

**Board and Commission Name: Los Alamos County Health Council**

**Date prepared: 00/00/20\*\***

**Date approved by Council: TBD**

**Prepared by: Los Alamos County Health Council (LACHC)**

**This work plan will be accomplished in the following time frame: July 01, 2022- June 30, 2023**

**Chairperson: Philip Gursky**

**Members and terms:**

Member	Start/End Dates	Term
Catharyn Fite – Co-Chair	1/7/2020 – 1/6/2022	1
Carrie Fanning	1/7/2020 – 1/6/2022	1
Kristine Coblenz	1/7/2020 – 1/6/2022	1
Desaree Jimenez	1/7/2020 – 1/6/2022	1
Philip Gursky - Chair	1/7/2020 – 1/6/2022	1
Jordan Redman	1/7/2020 – 1/6/2022	1
Lisa Zuhn	3/30/2021 – 1/6/2023	1
Morris Pongratz	3/30/2021 – 1/6/2023	1
Lori Padilla	3/30/2021 – 1/6/2023	1
Cameron Counters	3/30/2021 – 1/6/2023	1
Lyn (Lynia) Haval	3/30/2021 – 1/6/2023	1
Robert Dryja	3/30/2021 – 1/6/2023	1
Richard Skolnik	3/30/2021 – 1/6/2023	1
Carrie Manore	3/30/2021 – 1/6/2023	1
Rachel Light	3/30/2021 – 1/6/2023	1

**Department Director: Cory Styron, Community Services Director**

**Work plan developed in collaboration with Department Director. (Y/N?) \_\_\_\_\_**

**Staff Liaison: Katherine Hudspeth**

**Administrative Support provided by: Eloisa Sanchez**

**Council Liaison: David Reagor**

**Reviewed by Council Liaison? \_\_\_\_\_**

**1.0 Provide a brief Summary of your Board or Commission’s activities over the past twelve months. Please describe your Board or Commission’s accomplishments and identify constraints. List any “lessons learned” and identify the greatest challenges faced by the Board or Commission.**

**2.0**

**Describe the future work plans for this Board or Commission using the following items and showing the relationship to those items: *(Please remember that Council approval of this work plan does not constitute official Council approval of proposed projects, assignments, or anticipated recommendations included in this work plan that have budget implications.)***

**2.1 List any special projects or assignments given to this Board or Commission by Council or the Department Director:**

**2.2 List the guiding documents/plans (with approval or revision dates listed) used by this Board or Commission.**

Incorporated County of Los Alamos Resolution No. 19-28

**2.3 Other projects/assignments proposed by the Board or Commission: *(Any projects or activities proposed in this section should be discussed with the Council Liaison prior to listing it in this work plan.)* To assist with Council review of the work plans, please list the B&C’s proposed projects or assignments in priority order.**

**3.0 Identify any interfaces for the goals/tasks in this work plan with County Departments and other Boards and Commissions. Specify the coordination required.**

**4.0 List any special public information or involvement meetings or efforts to be conducted by this Board or Commission:**

**5.0 List**

**5.0 List the current subcommittees for this Board or Commission.**

LACHC AdHoc Committees and LACHC Liaisons:

- BabyNet: Carie Fanning
- Special Needs: Rachel Light
- Youth Resiliency: Kristine Coblentz
- Basic Needs: Lisa Zuhn
- Older Adult Network: Lyn Haval

**5.1 For subcommittees with members that are not members of the parent board or commission:**

**List the subcommittee members and their terms.**

**Explain how sub- committee members are selected or appointed.**

**Provide a description of each subcommittee’s charter or purpose.**

**Describe the expected duration for the subcommittee and their work plan(s) demonstrating how they support the Board or Commission:**

**Attachment A: Provide a copy of your Board or Commission’s “Purpose” and “Duties and Responsibilities” from Chapter 8 of the County Code.**

**Attachment B: Using the chart below, place an X in the column on the right if the Council Goal is related to the work of the Planning & Zoning Commission:**

Attachment A

**Incorporated County of Los Alamos Resolution No. 19-28**

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**Section 6: Effective Date.** This Resolution shall become effective upon adoption and remain in effect until amended or rescinded.

**PASSED AND ADOPTED** this 3rd day of December 2019.

**Attachment B**

**Council Goals and Priority Areas**

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<p>Enhancing Communication</p>	
<p>Enhancing communication with the public to promote transparency and strengthen trust in County government.</p>	<p>X</p>
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