



County of Los Alamos

1000 Central Avenue
Los Alamos, NM 87544

Agenda - Final

Los Alamos County Health Council

Catharyn Fite; Kristine Coblenz; Cameron Counters; Robert Dryja; Carrie Fanning; Philip Gursky; Lyn Haval; Desaree Jimenez; Rachel Light; Carrie Manore; Jordan Redmond; Lori Padilla; Morrie Pongratz; Richard Skolnik; and Lisa Zuhn, Members

Thursday, February 3, 2022

12:00 PM

Municipal Building, Room 330

If you are an individual with a disability who is in need of a reader, amplifier, qualified sign language interpreter, or any other form of auxiliary aid or service to attend or participate in the hearing or meeting, please contact the County Human Resources Division at 662-8040 at least one week prior to the meeting or as soon as possible. Public documents, including the agenda and minutes can be provided in various accessible formats. Please contact the personnel in the Community Services Administration Office at 662-8241 if a summary or other type of accessible format is needed.

*This meeting is being conducted via Zoom, please register at:
https://us06web.zoom.us/webinar/register/WN_9SIDsA0hQli7a46hELFFrQ*

I. CALL TO ORDER

II. PUBLIC COMMENT

III. BUSINESS

- A [15430-22](#) Approval of minutes from the January 6, 2022 meeting.

Presenters: Philip Gursky

Attachments: [A - LACHC Meeting Minutes 1.6.2022](#)

- B [15433-22](#) Introduction of Los Alamos Medical Center (LAMC) Interim CEO, Tracy Stratton

Presenters: Philip Gursky

- C [15431-22](#) Settlement Funds Capital Improvements Letter

Presenters: Philip Gursky

Attachments: [A - LACHC Settlement Funds Letter \(Draft\)](#)

[B - Social Services Division Presentation on Colocation](#)

- D [15450-22](#) FY23 Los Alamos County Health Council Work Plan

Attachments: [A - FY22 Los Alamos County Health Council Work Plan](#)
[FY23 LACHC Workplan DRAFT](#)

- E [15456-22](#) Los Alamos County Health Council Fact Sheet

Presenters: Katherine Hudspeth

Attachments: [A - LACHC Fact Sheet 2022](#)

IV. **BOARD/STAFF COMMUNICATIONS**

- A [15453-22](#) CSD Integrated Master Plan Presentation

Attachments: [A - Master Plan Presentation](#)

- B [15432-22](#) LACHC Comprehensive Health Plan/Equity Subcommittee Update

Presenters: Philip Gursky, Cameron Counters and Katherine
Hudspeth, Senior Management Analyst

- C [15436-22](#) Chairman's Report

Presenters: Philip Gursky

- D [15441-22](#) AdHoc Committee Updates

Presenters: Carrie Fanning, Rachel Light, Kristine Coblentz and
Lyn Haval

Attachments: [A - Youth Resiliency Committee Newsletter January](#)
[2022](#)
[B - BabyNet Newsletter](#)
[C - Basic Needs Subcommittee](#)
[D - Older Adult Network Subcommittee](#)

- E [15445-22](#) Staff Report

Presenters: Katherine Hudspeth

V. **COUNCIL COMMUNICATIONS**

VI. **PREVIEW OF NEXT MEETING**

VII. **ADJOURNMENT**



County of Los Alamos

Staff Report

February 03, 2022

Los Alamos, NM 87544
www.losalamosnm.us

Agenda No.: A

Index (Council Goals):

Presenters: Philip Gursky

Legislative File: 15430-22

Title

Approval of minutes from the January 6, 2022 meeting.

Recommended Action

I move that the Board approve the attached minutes.

Attachments

A - January 6, 2022 meeting minutes



County of Los Alamos

BCC Meeting Minutes

Los Alamos County Health Council

1000 Central Avenue
Los Alamos, NM 87544

Catharyn Fite; Kristine Coblenz; Cameron Counters; Robert Dryja; Carrie Fanning; Philip Gursky; Lyn Haval; Desaree Jimenez; Rachel Light; Carrie Manore; Jordan Redmond; Lori Padilla; Morrie Pongratz; Richard Skolnik; and Lisa Zuhn, Members

Thursday, January 6, 2022

12:00 PM

Meeting will be conducted remotely via
Zoom

Due to COVID-19 concerns, meeting will be conducted remotely.

Note:

1. CALL TO ORDER

Meeting was called to order at 12:06 p.m. by Chair Phillip Gursky.

Present 12 - Councilor Pongratz, Councilor Fanning, Councilor Zuhn, Councilor Gursky, Councilor Padilla, Councilor Fite, Councilor Coblenz, Councilor Light, Councilor Skolnik, Councilor Haval, Councilor Counters, and Councilor Dryja

Absent 3 - Councilor Redmond, Councilor Jimenez, and Councilor Manore

2. PUBLIC COMMENT

No Public Comment.

3. BUSINESS

- A. [15323-21](#) Approval of minutes from the December 2, 2021 meeting

Presenters: Phillip Gursky

A motion was made by Morris Pongratz seconded by Robert Dryja that the Minutes be approved as presented. The motion passed by a unanimous vote.

I move that the Board approve the attached minutes

- B. [15329-21](#) Approval of 2022 Los Alamos Health Council (LACHC) meeting dates

Presenters: Los Alamos County Health Council

A motion was made by Morris Pongratz seconded by Robert Dryja that the 2022 Los Alamos Health Council (LACHC) meeting dates be approved as presented and re-evaluate format at March 2022 meeting. The motion passed by a unanimous vote.

I move that the LACHC Board approve the 2022 meeting dates as presented

C. [15330-21](#) Selection of New Chair

Presenters: Los Alamos County Health Council and Katherine Hudspeth

A motion was made by Morris Pongratz seconded by Richard Reston that the LACHC Board approve Phillip Gursky as Chair and Catharyn Fite as Co-Chair. The motion passed by a unanimous vote.

I move that the LACHC Board approve the outcome of the votes in selecting a new chair and co-chair of the Los Alamos County Health Council, and those roles to be effective at the February 2022 LACHC Board meeting.

4. **BOARD/STAFF COMMUNICATIONS**

A. [15325-21](#) LACHC Comprehensive Health Plan/Equity Subcommittee Update

Presenters: Philip Gursky, Cameron Counters and Katherine Hudspeth
Cameron Counters reported updates.

B. [15326-21](#) Chairman's Report

Presenters: Philip Gursky
Philip Gursky reported on Board Member terms, new hospital staff meeting, and Capital Improvements letter to Council.

C. [15327-21](#) AdHoc Committee Updates

Presenters: Carrie Fanning, Rachel Light, Kristine Coblentz, Lisa J. Zuhn and Lyn Haval
BabyNet:
-Carie Fanning
Special Needs:
-Rachel Light
Youth Resiliency:
-Kristine Coblentz
Basic Needs:
-Lisa Zuhn
Older Adult Network:
-Lyn Haval

D. [15328-21](#) Staff Report

Presenters: Katherine Hudspeth
Katherine Hudspeth reported Community Services Department updates.

5. **COUNCIL COMMUNICATIONS**

County Councilor Reagor reported on COVID-19 updates.

6. PREVIEW OF NEXT MEETING

Next meeting will be held on February 3, 2022.

Topics:

Capital Improvements letter

New Hospital Manager

7. ADJOURNMENT

The meeting adjourned at 1:12 p.m.

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County of Los Alamos

Staff Report

February 03, 2022

Los Alamos, NM 87544
www.losalamosnm.us

Agenda No.: B

Index (Council Goals):

Presenters: Philip Gursky

Legislative File: 15433-22

Title

Introduction of Los Alamos Medical Center (LAMC) Interim CEO, Tracy Stratton

Body

Introduction of Los Alamos Medical Center (LAMC) Interim CEO, Tracy Stratton and discussion as to what the hospital is up to. Ms. Stratton is a nurse by training and was previously the director of Nursing at LAMC, prior to pursuing administrative positions within the LifePoint Health System.



County of Los Alamos

Staff Report

February 03, 2022

Los Alamos, NM 87544
www.losalamosnm.us

Agenda No.: C

Index (Council Goals):

Presenters: Philip Gursky

Legislative File: 15431-22

Title

Settlement Funds Capital Improvements Letter

Recommended Action

I move that the LACHC Board approve the Capital Improvements letter and to present it to the Los Alamos County Council.

Body

Phil to introduce a draft letter intended to be sent to County Council and discuss thoughts about its content of Settlement Funds request to support capital improvements within Social Services.

Attachments

A - LACHC Settlement Funds Letter

B - Social Services Division Presentation on Colocation

February __, 2022

Los Alamos County Council
C/o Steven Lynne, County Manager
1000 Central Ave
Los Alamos, NM 87544

COUNTY COUNCIL

Randall T. Rytí
Council Chair

Denise Derkacs
Council Vice Chair

COUNCILORS

Melanee Hand

David Izraelevitz

David Reagor

Sara Scott

Sean Jameson Williams

COUNTY MANAGER

Steven Lynne

RE: Settlement Funds in Case No. D-CV-2018-08036 City of Albuquerque, et al v. Stephanie Schardin Clark and New Mexico Taxation and Revenue Dept., In the Second Judicial District Court of New Mexico

Chair Rytí, Councilors and Manager Lynne,

By letter dated October 7, 2021, and a presentation to Council on the proposed Comprehensive Health Plan on December 14, 2021, myself, as Chair of the Los Alamos County Health Council (LACHC), we would like to further explain the reasoning behind our request for reservation and allocation of a significant portion of the net settlement funds received in the above referenced Settlement Funds case. As the LACHC proceeds with the process of developing the Comprehensive Health Plan, and in order to better inform the Council on an anticipated capital needs requests for health, behavioral health, wellness and basic living services, below we have provided a more in-depth review of the likely scope of space and equipment needs to fully implement programs in these areas.

We have previously outlined four basic areas of capital improvement needs. They are, as follows:

1. **Transitional Housing:** Housing for residents who find themselves homeless for a number of reasons can be combined into the term "Transitional Housing". This includes residents returning from in-patient drug and alcohol or acute behavioral health treatment programs, individuals and families that find themselves without housing due to job loss, housing loss or unavailability or completion, adults with development disabilities who are seeking long term group or individual housing options, individuals being released from incarceration and needing housing as a condition of parole, and residents with and without children departing abusive domestic violence situations with a partner (although co-housing of these individuals with may present a danger

to them and their children and require a separate facility whose location remains confidential). The purpose of transitional housing is to provide shelter until affordable long term housing options are available and to assistance in developing living skills to allow for successful transition to long term independent living.

As our GAP analysis has demonstrated, a continuing census number of residents in need of these services is difficult to quantify, but a reasonable range to work from would be somewhere between 12 and 20 individuals or family units, for Los Alamos' population of ~19,000. The normal expectation might be that the number of individuals, as opposed to families, would predominate.

If we posit a maximum unit requirement of 20 units, with about two thirds of those being for individuals a need distribution might be 13 individual studio apartments units and 7 multi-bedroom units. Without regard to room and space configuration of potential existing facilities, the space needs can be generally summarized as follows:

Kind of Unit	Minimum Size	Maximum Size	Hallway and Common Space
Studio Apartment	350 sq ft	500 sq ft	50 sq ft per unit
One Bedroom Unit	650 sq ft	750 sq ft	75 sq ft per unit
Two bedroom Unit	850 sq ft	1000 sq ft	100 sq ft per unit

If we were to assume an inventory of 13 studio units and 7 two-bedroom units the resulting range of space needs might range from approximately 10, 500 sq ft to 13, 500 sq ft of apartment space with a need for an additional 1,350 sq ft for hallway and reception/common area space. This would yield a total space need between 11,850 sq ft and 14,850 sq ft. This is obviously just a rough example and we have not attempted at this point to do any rough cost estimations.

The number and size of units will also be a function of amenities and services collocated in the same facility. For example, if there are common gathering spaces in the facility, then smaller units may be workable. Whereas, if the unit must serve as an all day and night occupancy unit, then the maximum size units would be more appropriate.

2. LA Cares Food and Household Services Location: Members of County Staff and Councilors have worked on the needs for a permanent food distribution center. I am attaching a projection of the size and needs anticipated. Based upon information developed directly from LA Cares and the size and needs projections prepared by Community Services Staff for a colocation, it is projected that LA Cares would need approximately 3,500 sq ft to create a permanent home that will allow clients to pick up groceries more than once or twice a month, consolidate storage to a single facility, provide space to

develop household goods donations and distribution to ease new moves and save clients costs on renewable cleaning and toiletry items (the household good distribution and storage of these will add about 500 sq ft to previous estimates). Furthermore, it will allow solicitation of perishable food for distribution without spoilage, with the acquisition of frozen and refrigerated food storage this would increase the range of food offerings, particularly with meats, dairy, and cheese. Besides facility acquisition costs, there will be additional remodel, electrical, plumbing and equipment needs for the final space.

3. Daycare Facility: The need for daycare at rates that are affordable for a large segment of the population here has long been documented as it constrains behavioral and physical health and wellness program success, as well as workforce recruitment. With high and escalating housing costs, the added burden of unrealistic cost for daycare continue to handicap meaningful progress.

The scope of need and the range of programs is beyond the capacity of LACHC to make accurate and informed projections. We recommend updating of some of the background information and conclusions from the study of Social Services needs and colocation possibilities. I have attached a copy of the July 2018 power point presentation to the Council to provide some historical context for childcare needs and colocation.

In spite the need of a comprehensive review of daycare needs and requirements, we can make an educated guess that square footage needs might reasonably range from 3,000 to 5,000 sq ft, depending upon the number of different age groups of children enrolled, whether after school programs are contemplated, the extent of outdoor facilities for children, and the size and scale of bathroom and kitchen facilities dedicated solely to a daycare center.

We suggest a review by Social Services staff of prior projection work, combined with coordination with Public Works staff to develop tentative estimates of space needs.

4. Co-location of facilities: The long-term success of a significant portion of Social Services Department basic needs and behavioral health programs hinges on the ease of access and convenience of location for clients to access these programs. Accordingly, we refer the Council back to the presentation of July 24, 2018 (attached), to begin the exploration of what facilities, located with the frequently used services and facilities listed above, would most effectively be located with the first three uses discussed above. There have been significant changes since 2018 and the landscape of treatment methodology has forever been changed by the COVID pandemic.

At a minimum, the space should accommodate counseling and treatment rooms for providers to use, classroom or gathering space to allow education and workforce training programs to meet, facilities space for some non-profit service providers that provide in person services, such as Self Help, Inc. and

the First Born Program and some Social Services and potentially Health Council space.

The answer to the scope of colocation will undoubtedly be impacted by what local space is available. Appropriate space needs might range from a few thousand square feet to ten thousand square feet. Cost efficiencies and savings from the co-locating space will also help dictate effective size and scale. We suggest, in tandem with the Comprehensive Health Plan process, an estimation of scale and cost and available buildings that would be suitable for the above needs.

We know that it will be some time later this year before allocating and approving capital expenditures will be able to be accurately projected, let alone voted on by Council. It is our considered view, that the more examination and work now on defining and meeting capital needs will be helpful in the approval and implementation of a truly Comprehensive Health Plan.

We thank Chair Ryti and the Councilors for the warm and thoughtful reception that our Health planning and services suggestions thus far received and look forward to presenting a Comprehensive Health Plan. A plan that will be created from a broad range of community and stakeholder input and recommendations, to provide concrete goals and meet the expectations of Los Alamos County Council, combined with effective implementation and full funding, to better serve the needs of the entire Los Alamos County community.

Sincerely,

The Los Alamos County Health Council
Philip H. Gursky, Chairman

Social Services Division Presentation

JULY 24, 2018



Agenda

- Background & History
- Social Services Today
- Recent Successes
- Current Challenges
- On the Horizon
- Appendix

Background & History

- Prior to the creation of the Social Services Division in 2013, health & human services for Los Alamos County were handled by various departments:
 - Health Care Assistance (HCAP) – Finance
 - DWI Program coordination – LAPD
 - Contracts which fund programs serving children and families, youth, teens & seniors – CSD

Background & History (cont'd)

- The first Community Needs Assessment was released in November 2010 with the goal of determining community social service needs, services available, and gaps.
- Based on the report, a County Work Group was formed in early 2011 to develop a new Social Services Division.

Background & History (cont'd)

Through the Work Group, a vision for the Social Services Program as developed and presented to County Council in 2012:

“Need is for County to create a single point of entry for clients to obtain case management to guide them in receiving health and human services.”

Background & History (cont'd)

- The report recommended that this new Division should:
 - Evaluate community needs and develop recommendations for meeting those needs
 - Coordinate local grant seeking efforts for larger state/federal grants
 - Set benchmarks or best practice standards
 - Provide technical assistance to help non-profits build capacity
 - Coordinate and expand the informational and referral service to include referral to health and human services
 - Oversee County funded services/programs and their outcomes

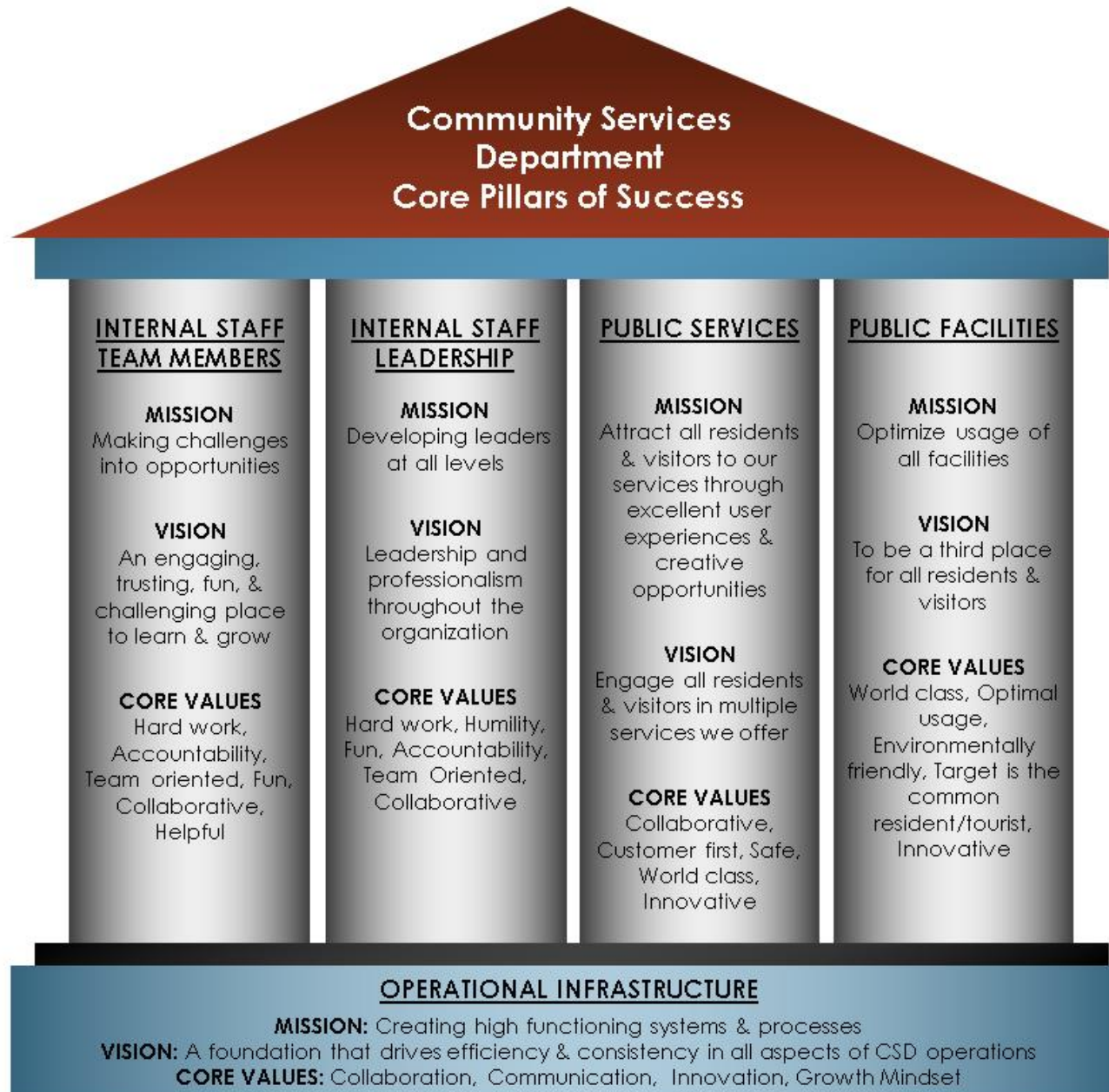
Background & History (cont'd)

5 years later...

- Catalogued all community service/social service contracts and moved to new Social Services Division
- Identified other agencies providing services not funded by the County
- Investigated the level of need and number of requests coming to the Health Care Assistance Program and analyzed workload and staffing needs
- Served as a centralized point for contact to assist individuals who are having difficulty locating resources

Background & History (cont.)

- Created directories and brochures to assist individuals seeking supportive services
- Developed methods such as the Community Health Profile to gather input from social service providers as a component of the process to identify needs and priorities for social services and programs
- Regularly interface with core service agencies to coordinate behavioral health services in the community
- Selected HCAP database vendor to replace outdated in-house tool



Mission: Attract residents and tourists to our facilities and services through excellent user experiences

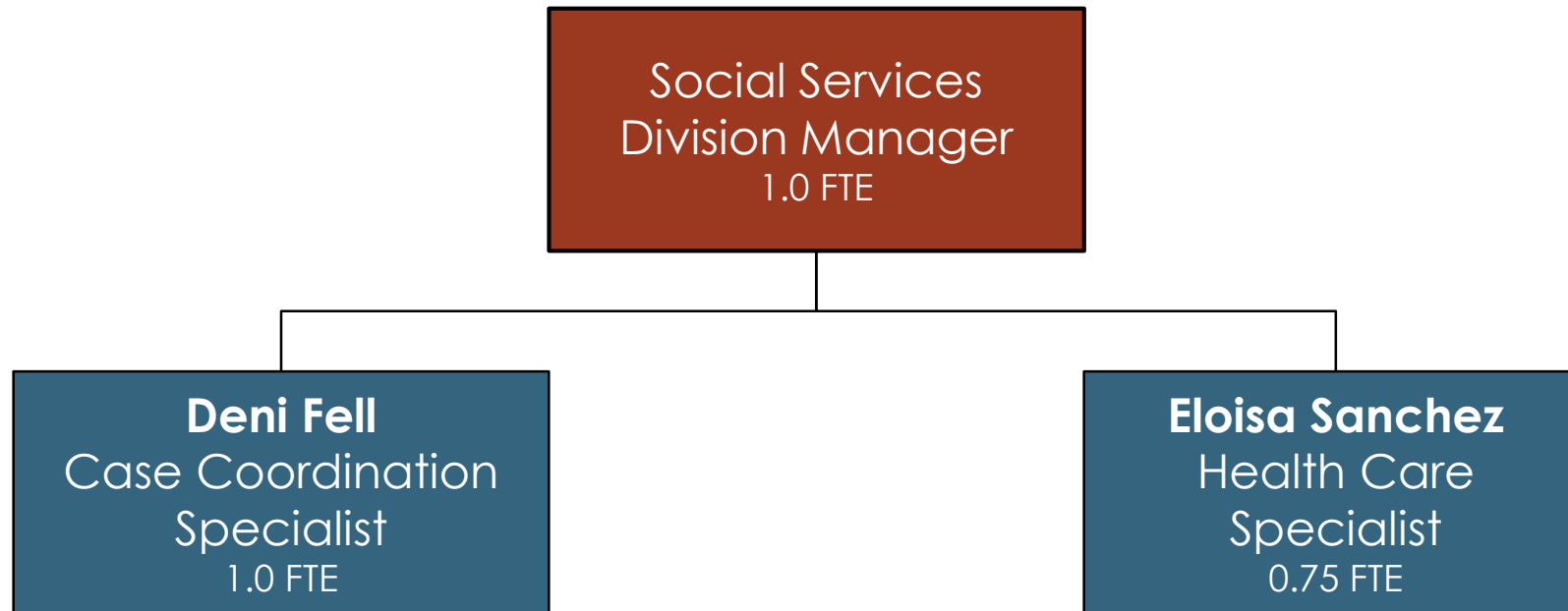
Vision: To be a central hub for all recreation, education, social, and cultural services in Los Alamos County

Social Services Division Mission & Vision

Mission: Creating and promoting a collective impact that will cultivate a shared vision and facilitate collaboration to promote sustainable community health and wellbeing

Vision: To serve as the central hub for all health and human services in Los Alamos county

SSD Organizational Chart



SSD Budget – Projected FY19

Expenditures by Fund

General	1,828,662
State Grants - DWI Fund	86,500
Health Care Assistance (HCAP)	2,345,621
	4,260,783

Expenditures by Type

Salaries	188,325
Benefits	76,660
HCAP	2,225,504
SSD Contracts	1,669,354
Other Services	4,610
Materials/Supplies	18,674
Interfund Charges	77,656
	4,260,783

Social Services Division Today

- The Social Service Division currently manages:
 - Public office hours Tuesday through Friday 9am to 4pm
 - Social service contracts
 - Public Health Office lease and operating agreement
 - Hosting of staff from Santa Fe Civic Housing twice each month to provide access to Section 8 Housing
 - In-kind space to our local food bank, LA Cares Inc., for food storage
 - The Health Care Assistance Program (HCAP)
 - Coordination of the Los Alamos Community Health Council
 - Coordination of the Los Alamos DWI Program
 - Sublease agreements with behavioral health providers
 - Average public office encounters = 2,200/year

SSD Challenges

- Affordable & transitional housing availability
- Affordable daycare
- Extended transportation services
- Limited number of landlords accepting Section 8 Housing Vouchers
- HCAP coverage excludes primary care physicians, vision, and dental

SSD Recent Successes

- White Rock Senior Center & Youth Activity Center renovations
- New LARSO radio and repeater system installation
- Teen Center & Youth Activity Center renovations
- Expanded inmate services through MANNM to allow for billing through HCAP
- Summer Concert Safe Ride Bus Service
- Los Alamos Family Council offers psychiatry services to serve low income residents and detainees
- LACHC – Dementia Friendly Community Training offered to LAC Employees & the public
- More space made available for Santa Fe Civic Housing Authority (Section 8) Representatives

Health Care Assistance

- The Health Care Assistance Program (HCAP) is funded by local gross receipts tax and administered by the Los Alamos County Council.
- It covers our low-income residents including those in our jail, with health services not already covered by Medicaid, Medicare, private insurance, or Affordable Care Act insurance
- FY19 Proposed Budget = \$2,345,621
 - Local HCAP Providers = \$123,000
 - State Medicaid = \$726,751
 - State Safety Net Care Pool = \$1,277,753
 - Administrative costs = \$218,117

Los Alamos Community Health Council (LACHC)

- The Social Services Division coordinates the Health Council, whose mission is to help improve the lives of older adults, those in financial crisis, and resiliency for youth and families through their partnerships.
- The Council is informally recognized by the Los Alamos County Council and receives funding by NM DOH.
- Meetings are held the first Thursday of each month.
- Average Annual Budget: \$7,500

Los Alamos Community Health Council Representation

LACHC Subcommittees

Basic Needs

Youth & Families

Young Families

Older Adults



Social Services Contracts

Serving Ages 0 - 5

- Family Strengths Network (FSN)
 - FSN is currently under contract to provide a broad spectrum of parent education and family development programs, including support services for parents and youth.
 - Average adult & youth visits per year = 7,800
 - FY19 County Funding = \$80,416
 - Total Budget = \$170,000

Social Services Contracts

Serving Ages 0 - 18

- Juvenile Justice Advisory Board (JJAB)
 - By partnering with other community organizations, JJAB assists with youth and family issues by providing individualized case management, parenting workshops, & youth activities
 - Family Resource Specialists work with children age zero through elementary school age and their families
 - Average youth served per year = 7,500
 - FY19 County Funding = \$438,333
 - Family Resource Advocates = \$49,900
 - Juvenile Justice Services = \$191,769
 - CYFD Grant (fiscal agent only) = \$196,664
 - Total Budget = \$605,062

Social Services Contracts

Serving 3rd – 8th grades

- LA Family Council –Youth Activity Centers (YAC)
 - The YACs supports after-school and school holiday closure programs for grades 3-8 in Los Alamos and White Rock
 - The YACs provides a free, safe, educational, recreational, drug and alcohol-free environment
 - Average youth visits per year = 12,000
 - FY19 County Funding = \$181,114
 - Total Budget = \$217,712

Social Services Contracts

Serving School-Age Children

- LAPS Prevention Services
 - LAPS contracts with Los Alamos County to provide prevention services to Los Alamos Public Schools and the community.
 - These services include initiatives designed to build protective factors and resiliency in order to prevent youth substance abuse, suicide, truancy, bullying, and other emerging risk behaviors.
 - Indirectly the prevention program reaches all 3,600 students at LAPS and prevention information is distributed to more than 4,300 parents and community members.
 - FY19 County Funding = \$65,000
 - Total Budget = \$65,000

Social Services Contracts

Serving High School Students

■ YMCA - Teen Center

- The Teen Center provides a free, supervised, safe, comfortable drug-free and alcohol-free environment with game tables, TVs, books, magazines, and wireless internet access for teens to drop-in, socialize, do homework, hang-out, & play games.
- The Teen Center also partners with the Juvenile Justice Advisory Board (JJAB) to provide life skills programs and support groups.
- Average youth visits per year = 20,000+
- FY19 County Funding = \$294,041
- Total Budget = \$345,916

Social Services Contracts

Serving Ages 55+

- Los Alamos Retired & Senior Organization (LARSO)
 - Under a contract with the County, LARSO operates the Betty Ehart Senior Center the White Rock Senior Center
 - LARSO provides congregate and home delivered meals, transportation services, educational and social programs, entertainment, and volunteer opportunities to the Los Alamos senior citizen population.

Social Services Contracts

Serving Ages 55+ (cont'd)

- Los Alamos Retired & Senior Organization (LARSO)
 - An Adult Day Care (Day Out) program is also funded to give caregivers respite. The program provides a variety of supervised activities in cheerful safe surroundings.
 - Average visits per year = 21,000
 - Average meals served per year = 31,000
 - Average vehicle trips provided per year = 2,500
 - Total FY19 County Funding = \$477,797
 - Total Budget = \$1,102,000

Social Services Grants

DWI Program (serving all ages)

- The mission of the Los Alamos County DWI Planning Council is to prevent and reduce the incidence of DWI, alcoholism, alcohol abuse, alcohol-related domestic violence and underage drinking in Los Alamos County.
- Grant funding through the State (Department of Finance & Administration) to fund:
 - 1. Prevention
 - 2. Enforcement
 - 3. Screening
 - 4. Compliance Monitoring/Tracking
 - 5. Coordination, Planning & Evaluation
 - 6. Alternative Sentencing
- FY19 Budget = \$86,500
 - State Funds = \$62,000
 - LAC General Fund = \$24,500

On The Horizon

- Basic Needs
- Behavioral Health
- Older Adults
- Young Children & Families
- Youth

Basic Needs



Basic Needs

- Further explore colocation options and expansion of services for basic needs providers
- Explore HCAP expansion through initiatives such as life skills, jail diversion, and medical/dental assistance
- Continue to support efforts to provide transitional and permanent affordable housing

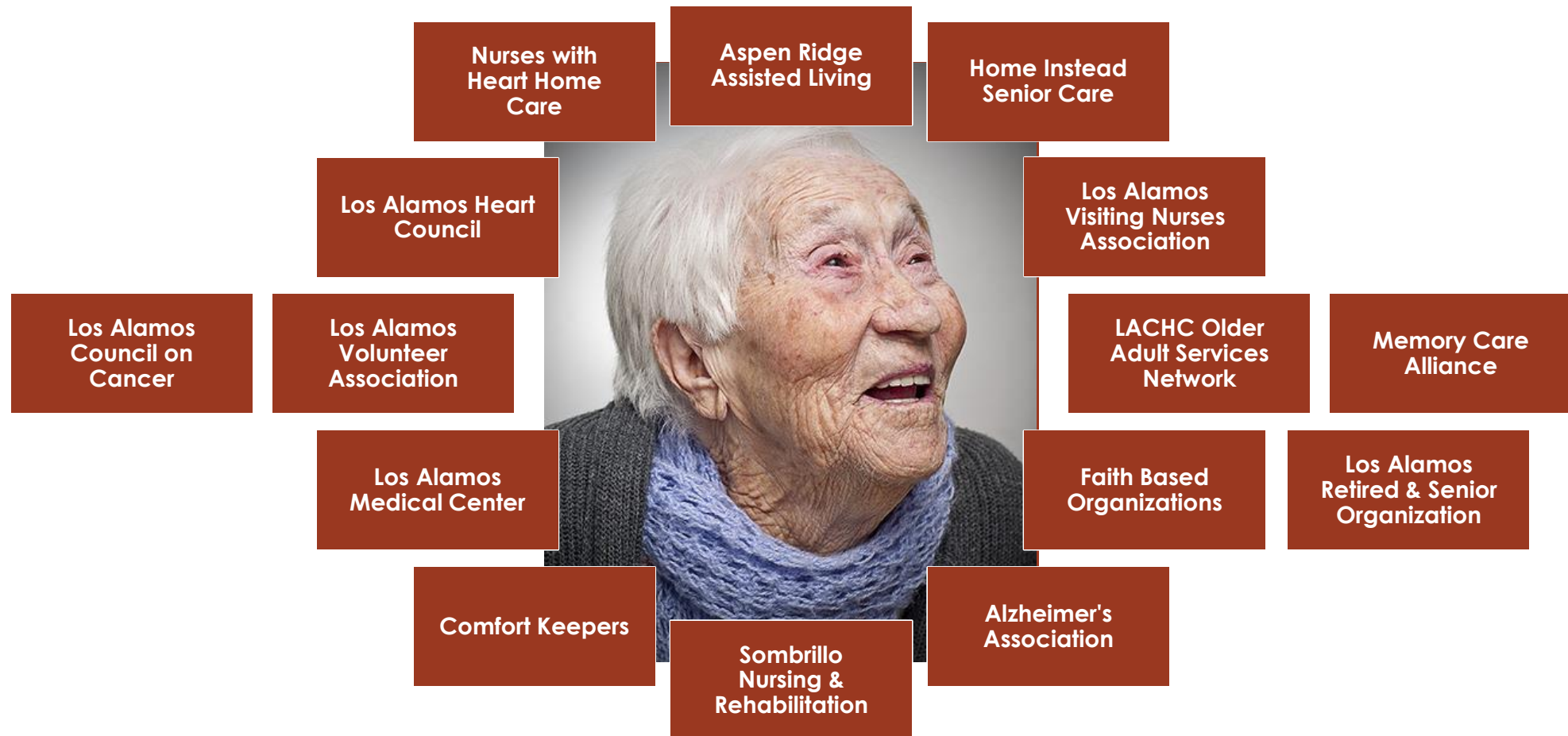
Behavioral Health



Behavioral Health

- Further explore colocation options and expansion of services for basic needs providers
- for behavioral health services
- Expand case management and referral services for behavioral health services
- Explore HCAP expansion through initiatives such as psychiatric services for detainees and court/detention collaboration and partnership
- Increase focus on mental health, dementia, suicide, and depression

Older Adults



Older Adults

- Expand community and in-home services and case management for older adults
- Increase focus on dementia, Alzheimer's, and fall prevention

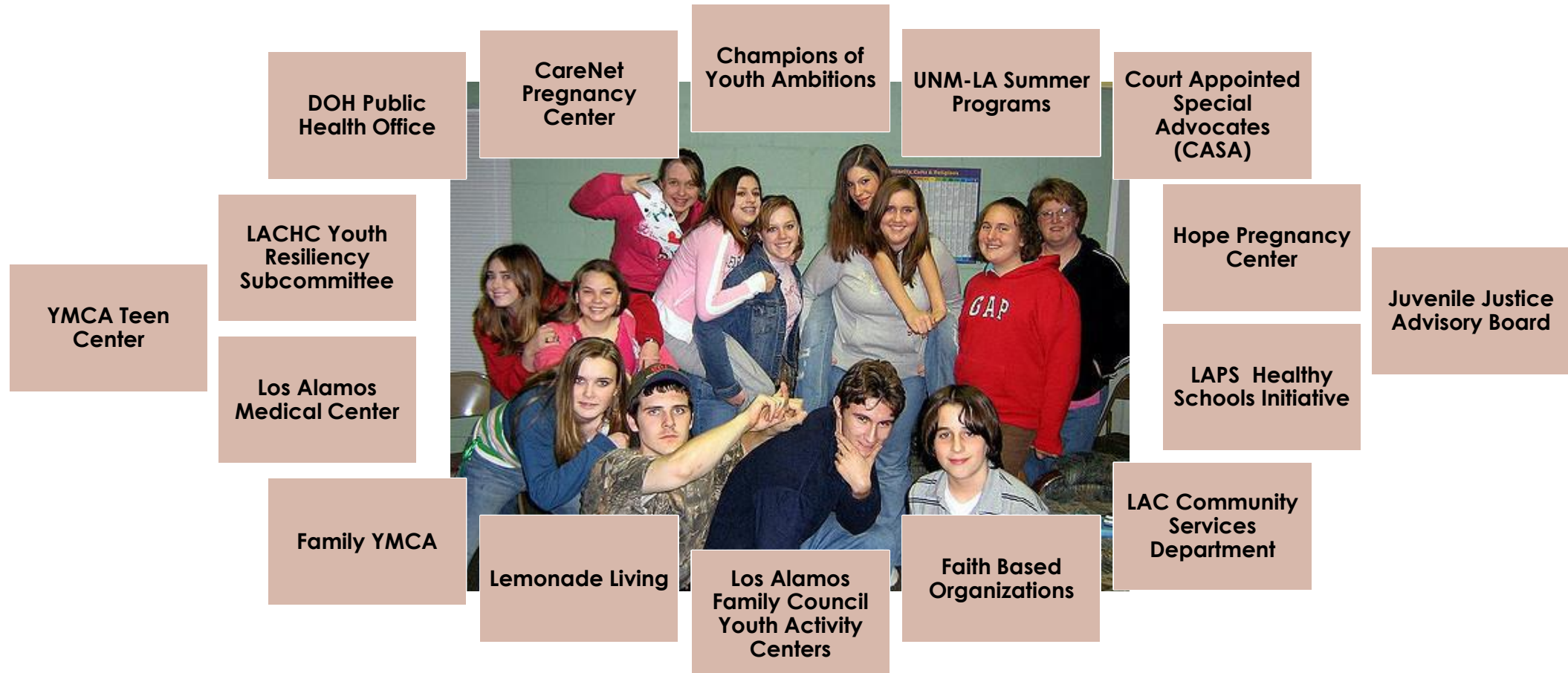
Young Children & Families



Young Children & Families

- Further explore colocation options and expansion of services for young children & families providers
- Explore ways to develop more affordable child care and affordable housing options for young families

Youth



Youth

- Further explore potential locations and resources for a tween center
- Support strategies that create new employment opportunities for youth
- Support initiatives throughout the community to build protective factors and resiliency in order to prevent youth substance abuse, suicide, truancy, bullying, and other emerging risk behaviors

Public Health Office

- County working on a contract with a Federally Qualified Health Center provider
- Proposed Hours:
 - 2 days per week
 - 7:30am – 4:00pm for students
 - 4:00 – 6:30pm for the general public
- DOH to provide supplemental services
 - Women Infant & Children (WIC)
 - Child Medical Services (CMS)
 - Infectious disease prevention

Public Health Office

- Timeline: (Waiting on El Centro)

Colocation Exploration

- County staff have worked with various organizations to determine the best approach for colocation
- Potential benefits of colocation include:
 - Shared common spaces (lobby, conference rooms, kitchen, restrooms, offices)
 - Increased efficiencies
 - Diminished costs
 - Improved accessibility to services for the public (the customer) – i.e. create a “one-stop shop” for related services

Colocation Exploration (cont'd)

- Proposed colocation facilities include:
 - Building 1: Basic needs services
 - Building 2: Behavioral health services
 - Building 3: Young children & families services

Colocation Exploration

Building 1: Basic Needs

- Challenges
 - No dedicated space for administration, storage, and distribution
 - Logistics and manual labor limit food distributions to once a month
 - Lack of central location for other basic needs (clothing, housing/rental/utility assistance, etc.)
- Desire
 - One location for storage, distribution via a “store”, kitchen, office space, client check-in, and restrooms
 - Potential collaboration with LA Cares, Santa Fe Food Depot and more
- Considerations:
 - ADA compliance, kitchen requirements, loading accessibility/ramps, centralized location, proximity to public transportation

Colocation Exploration

Building 1: Basic Needs

LA Cares Detailed Space Assessment (with assistance from Public Works)

Room	Description of Use	Sq. Ft.
Program Space		
Lobby	Sign-in for clients and waiting room	120
Distribution	Clients receive box of food, push cart through shelving to gather additional food items.	1,000
Storage	Store can goods, frozen and refrigerated food until some is placed for distribution	1,200
Administrative		
Office/Check-in	Staff reception, client check-in, document storage	80
Support Space		
Kitchen	Wash and separate produce	80
Bathrooms	As required by code	TBD
Janitor's closet	Janitor's storage	48
Electrical & Telecom room	As required	64
Mechanical room	As required	80
Sub-Total		2,672
Circulation (Included in above)		0
Structural Area @ 2%		53
Building Gross Area		2,725

Colocation Exploration

LA Cares



Colocation Exploration

Building 2: Behavioral Health

- Current Challenges
 - Limited low-rent space for behavioral health providers
 - Lack of community collaboration & partnerships
- Desire
 - One location for all behavioral health providers
 - Allows for shared spaces which lowers cost & increase efficiency
 - Provides central point for clients
 - Shared check-in, lobby, meeting room, kitchen, restrooms
- Considerations: centralized location, proximity to public transportation; potential colocation or close proximity to basic needs

Colocation Exploration

Building 3: Young Children & Families

- **Family Strengths Network**

- Unique space needs: Director Office, Admin offices
- Shared space needs: Play area, Resource library, Toy library, Classroom, Admin offices, Small private meeting space, Kitchen, Restrooms

- **First Born (education/support for prenatal to 3 years)**

- Unique space needs: Director Office
- Shared space needs: Play area, Resource Library, Admin Offices, Small private meeting space, Kitchen, Restrooms

- **Many Mothers (support for new mothers & fathers)**

- Unique space needs: Director Office
- Shared space needs: Play area, Resource Library, Admin Offices, Small private meeting space, Kitchen, Restrooms

Colocation Exploration

Building 3: Young Children & Families (cont'd)

- **Las Cumbres (child/family behavioral health services)**
 - Unique space needs: Director Office, Admin offices
 - Shared space needs: Play Area, Resource Library, Toy Library, Classroom, Admin Offices, Small private meeting space, Kitchen, Restrooms
- **Ten Moons (support/education for pregnancy, labor & birth)**
 - Shared space needs: Resource Library, Admin Offices, Kitchen, Restrooms
- **JJAB (youth & family support, education, & programming)**
 - Shared space needs: Resource Library, Classroom, Admin Offices, Small private meeting space, Kitchen, Restrooms

Total Estimated Square Feet Needed: 5,000-6,000

Additional Considerations: central location, outdoor play area, proximity to public transportation, parking, ADA accessibility

Up Next...

- 2018 Health Profile Presentation by Cynthia Goldblatt, LACHC Chair
- Los Alamos Community Health Council member presentation/discussion
- Q&A

Appendix

Social Services Division #s

Public office encounters span these areas of need:

- Health Council related: 373
- Housing Info. (Section 8, Apt. rentals)/Lifelink: 180
- Medicaid/Medicare: 159
- Health Care Assist Program (HCAP): 133
- Billing & Collections (HCAP): 114
- Self Help: 111
- Other: 109
- Medical, Vision & Dental Services: 107
- Indigent Burials: 103
- Mental Health Resources: 100
- Food Stability (LA Cares, SNAP, Food Depot): 69
- Affordable Care Act Insurance: 69
- Utilities Assistance (EAP, LIHEAP): 55
- DWI Planning Council related: 47
- Substance Abuse Treatment Resources: 46
- Domestic Violence related issues: 40
- Homelessness: 38
- Other Financial Assistance: 36
- Landlord/tenant issues: 35
- Prescription Support: 31
- SSI, SSDI, Veteran Services: 29
- Other (General Assistance, TANF, etc.): 28
- Employment related (Workforce Solutions): 27
- Public Health Office Services (WIC), First Born: 26
- Legal Aid (divorce, child support, etc.): 26
- Transportation (ACT, LAVA, Lion's, RDT, NMDOT): 24
- Notary: 19
- Dev. Disabilities (Las Cumbres, All Ind. 1st, etc.): 18
- Guardianship/Payee Representation: 17
- Safelink phone: 16
- Senior Center LAVA: 5

Los Alamos Community Health Council Representation

- 2-1-1 of Northern New Mexico
- Alzheimer's Association
- Assets in Action
- Care Net Pregnancy Center
- Court Appointed Special Advocates
- DWI Planning Council
- Familia Dental*
- Family Strengths Network*
- Family YMCA*
- First Born Program of Los Alamos
- Home Instead Senior Care
- HOPE Pregnancy Center
- Inside Out Recovery
- JudyGails Place
- Juvenile Justice Advisory Board*
- LA Cares*
- Las Cumbres Community Services
- Lemonade Living
- Los Alamos Community Foundation
- Los Alamos Council on Cancer
- Los Alamos County
- Los Alamos Family Council*
- Los Alamos Heart Council
- Los Alamos Medical Center
- Los Alamos Public Schools*
- Los Alamos Retired and Senior Organization*
- Los Alamos Visiting Nurses Association
- Los Alamos Volunteer Association
- Memory Care Alliance
- Mesa to Mesa
- Mesa Vista Wellness*
- NM Alliance of Health Councils
- NM Department of Health
- NM Nurse's Association
- NMSU Cooperative Extension Services
- Presbyterian Medical Services
- RE/MAX First
- Santa Fe Mountain Center
- Self Help, Inc.
- The Food Depot
- The LifeLink
- United Way of Northern New Mexico
- University of New Mexico Los Alamos
- YMCA Teen Center*

*SSD & HCAP Contractors



County of Los Alamos

Staff Report

February 03, 2022

Los Alamos, NM 87544
www.losalamosnm.us

Agenda No.: D

Index (Council Goals):

Presenters:

Legislative File: 15450-22

Title

FY23 Los Alamos County Health Council Work Plan

Body

The LACHC Board needs to work on the FY23 Work Plan.

Attachments

- A - FY22 Approved LACHC Work Plan
- B - FY23 Draft LACHC Work Plan



LOS ALAMOS
where discoveries are made

FY22 Work Plan for Los Alamos County Boards and Commissions

(Fiscal Year 2021: July 1, 2021 – June 30, 2022)

Board and Commission Name: Los Alamos County Health Council

Date prepared: 05/18/2021

Date approved by Council: June 29, 2021

Prepared by: LACHC

This work plan will be accomplished in the following time frame: July 1, 2021-June 30, 2022

Chairperson: Philip Gursky

Members and Terms:

Member	Start/End Dates	Term
Catharyn Crall Carie Fanning Kristine Coblenz Desaree Jimenez Philip Gursky Jordan Redmond	01/07/2020-06/30/2022	1 year
Lisa Zuhn Morris Pongratz Lori Padilla Cameron Counter Lyn (Lynia) Haval Robert Dryja Richard Skolnik Carrie Manore Rachel Light	03/30/2021-01/6/2023	2 year

Department Director: Cory Styron, Community Services Director

Work plan developed in collaboration with Department Director. (Y/N?) Y

Staff Liaison: Donna Casados

Administrative Support provided by: Eloisa Sanchez

Council Liaison: David Reagor

Reviewed by Council Liaison? Yes

1.0 Provide a brief Summary of your Board or Commission’s activities over the past twelve months. Please describe your Board or Commission’s accomplishments and identify constraints. List any “lessons learned” and identify the greatest challenges faced by the Board or Commission.

- Onboarding of New Health Council board members appointed by County Council; board is currently full.
- Completed all objectives required for DOH Grant Funding for FY21 (this is funding that is allocated to local Health Councils for completing of various deliverables such as coordinating monthly meetings, attending specified trainings hosted by DOH specific to health councils and their roles, creating a factsheet, and completing the objective (health initiative) the health councils chose to focus their efforts on.
- Still researching avenues and platforms for virtual colocation for resources and events. Completed objective of securing beds for Los Alamos County Residents in an inpatient behavioral health and substance abuse issues through Darrin’s Place in Espanola.

2.0 Describe the future work plans for this Board or Commission using the following items and showing the relationship to those items: *(Please remember that Council approval of this work plan does not constitute official Council approval of proposed projects, assignments, or anticipated recommendations included in this work plan that have budget implications.)*

- A. Last year, the County Health Council reviewed the Health Services Gap Analysis that was completed in March of 2020 and the Youth Risk and Resiliency Survey that was completed in 2019. As a result, the FY22 Work Plan focuses on addressing the health priorities.

Health Services Gap Analysis reviews low-income housing needs, access to care, food insecurity, etc. The CHC identified five areas with gaps:

- Problems with access to health care services, inadequate numbers of healthcare workforce, issues with non-acceptance of Medicaid and some commercial health insurance
- Lack of affordable and acceptable housing stock
- Culture of alcohol acceptance and drug/substance use
- Mental health; high stress and anxiety in general population and unmet needs for new residents
- Silent and sizable “near poor” population with high stigma about poverty/lack of awareness of resources.

The first step for the Board is working with 211, a national organization that serves as a resource for databases for health and human services issues. Through this collaboration, the health resources within the community may be better accessed by those in need.

The Board is also discussing the best community platform to utilize and to house on-line access to the health resources within Los Alamos.

- B. The Youth Risk and Resiliency Survey (YRRS) analyzes the behavior exhibited by high school students in the County to determine the type and level of risky behaviors. The report compares the County findings to statewide and national results.

This year, 2021, is the first year that the role of intervention and prevention is assumed by the Health Council. The CHC will review not only, the existing county programs to identify in-place programs that address the concerns identified in the YRRS, but also to implement programs that emphasizes prevention not currently in place.

2.1 List any special projects or assignments given to this Board or Commission by Council or the Department director:
--

As part of the Grant Funding requirements LACHC must meet certain deliverables within a Scope of Work for Fiscal Year 2022: (Deliverables not yet provided by NMDOH)

2.2 List the guiding documents/plans (with approval or revision dates listed) used by this Board or Commission.
--

Incorporated County of Los Alamos Resolution No. 19-28

2.3 Other projects/assignments proposed by the Board or Commission: <i>(Any projects or activities proposed in this section should be discussed with the Council Liaison prior to listing it in this work plan.)</i> To assist with Council review of the work plans, please list the B&C's proposed projects or assignments in priority order. :
--

Los Alamos County Health Council would like to develop a virtual platform that would be available for organizations within Los Alamos County to advertise their events and programs offered, but also have an accessible resource directory available to community members who are seeking out services

3.0 Identify any interfaces for the goals/tasks in this work plan with County Departments and other Boards and Commissions. Specify the coordination required.

Los Alamos County Health Council will be working on developing a comprehensive health plan for Los Alamos County that encompasses next 5-7 years.

Dependent on Virtual Platform selected, LACHC will work through Los Alamos County Social Services Division to work with and coordinate with County IT Department and Procurement.

4.0 List any special public information or involvement meetings or efforts to be conducted by this Board or Commission:

- As noted in Section 3.0 – the Board may collaborate with other entities to develop programs, networks, partnerships and coalitions as necessary to improve health.
- As noted in Section 3.0 – the Board will facilitate communication among local jurisdictions, state agencies and other entities

5.0 List the current AdHoc/subcommittees for this Board or Commission.

LACHC AdHoc Committees and LACHC Liaisons:

BabyNet: Carie Fanning

Special Needs: Rachel Light

Youth Resiliency: Kristine Coblentz

Basic Needs: Lisa Zuhn

Older Adult Network: Lyn Haval

5.1 For subcommittees with members that are not members of the parent board or commission: List the subcommittee members and their terms.

Explain how sub- committee members are selected or appointed.

Provide a description of each subcommittee’s charter or purpose.

Describe the expected duration for the subcommittee and their work plan(s) demonstrating how they support the Board or Commission:

Attachment A: Provide a copy of your Board or Commission’s “Purpose” and “Duties and Responsibilities” from Resolution No. 19-28.

Attachment B: Using the chart below, place an X in the column on the right if the Council Goal is related to the work of the Environmental Sustainability Board

Incorporated County of Los Alamos Resolution No. 19-28

Section 1: Health Council. There is hereby created a Health Council which shall be known as the “Los Alamos County Health Council.”

Section 2: Composition, Terms of Office, and Compensation. The Los Alamos County Health Council (“Health Council”) shall consist of up to fifteen (15) members, appointed by County Council. The members of the Health Council shall be selected to represent a broad spectrum of interests and who represent diverse community interests, including individuals and public, private and nonprofit entities, which may include Los Alamos National Laboratory representation, health providers, parenting families, local school administrators, public health services, local non-profit organizations, income support services, and hospital administrators.

Members shall be appointed to staggered terms of two (2) years, and no member shall serve more than four (4) consecutive years. The Health Council shall annually select a Chairperson and a Vice-Chairperson by majority vote of its members.

Section 3. Duties. The Health Council shall develop recommendations to County regarding comprehensive health planning, coordination of health resources and identification of needs, services, projects and programs that can affect community health.

The Health Council shall prepare an annual Community Health Plan and report its Plan to County Council and to the State of New Mexico Department of Health. The Community Health Plan shall include:

- (1) a county health assessment and inventory of health resources.
- (2) identification of health priorities determined through independent, community-based planning processes; and
- (3) strategies and resources to address health priorities.

The Health Council shall monitor health and health care programs and services in order to identify potential gaps and to reduce potential duplication; collaborate with other entities to develop programs, networks, partnerships and coalitions as necessary to improve health; advise County Council regarding policies that affect health; facilitate communication among local jurisdictions, state agencies and other entities; and identify additional public and private resources to improve health in its respective jurisdiction.

Section 4. The Health Council shall adhere to all applicable laws and guidelines governing County’s boards and commissions.

Section 5: The Health Council shall prepare a written report on their activities at least twice per year. The report shall be provided to the Director of Community Services who shall present it to County Council.

Section 6: Effective Date. This Resolution shall become effective upon adoption and remain in effect until amended or rescinded.

PASSED AND ADOPTED this 3rd day of December, 2019.

Council Goals and Priority Areas

Enhancing quality of life, economic vitality, environmental sustainability, and racial equity and inclusivity are overarching goals that will be components of all our efforts as we coordinate with Los Alamos National Laboratory and regional partners and plan for appropriate levels of County services.	
Enhancing Communication	
Enhancing communication with the public to promote transparency and strengthen trust in County government.	X
Increasing the Amount and Types of Housing Options	
This includes increasing the variety of housing options for all segments of the community, from affordable to new options for those interested in downsizing or moving closer to central areas of the community, and pursuing opportunities for utilization of vacant spaces to address these needs.	
Protecting, Maintaining, and Improving Our Open Spaces, Recreational, and Cultural Amenities	
Los Alamos County open spaces and cultural attractions are greatly valued by the community and provide opportunities for recreational and economic growth; appropriately allocating resources to ensure their health and sustainability is important to our citizens.	
Enhancing Support and Opportunities for the Local Business Environment	
This includes appropriately supporting existing businesses, growing new businesses, supporting technology start-ups and spin-offs, and identifying opportunities for utilizing vacant space as a part of these efforts.	
Supporting Social Services Improvement	
Behavioral, mental, and physical health and social services are important quality of life components; there are key areas where appropriate types and levels of County support could help address current needs	X
Improving Access to High Quality Broadband	
Enabling reliable high-speed broadband service throughout the county by determining appropriate investments (e.g., conduct a community needs analysis, evaluate technical options).	
Investing in Infrastructure	
Appropriately balancing maintenance of existing infrastructure with new investments in county utilities, roads, trails, expanded transit options, facilities and amenities, which will help improve environmental stewardship, sustainability, and quality of life, while allowing for sustainable growth.	



LOS ALAMOS

where discoveries are made

FY23 Work Plan for Los Alamos County Boards and Commissions

(Fiscal Year 2023: July 1, 2022 – June 30, 2023)

Board and Commission Name: Los Alamos County Health Council

Date prepared: 2/3/2022

Date approved by Council: TBD

Prepared by: Los Alamos County Health Council (LACHC)

This work plan will be accomplished in the following time frame: July 01, 2022- June 30, 2023

Chairperson: Philip Gursky

Members and terms:

Member	Start/End Dates	Term
Catharyn Fite – Co-Chair	1/7/2020 – 1/6/2022	1
Carrie Fanning	1/7/2020 – 1/6/2022	1
Kristine Coblentz	1/7/2020 – 1/6/2022	1
Desaree Jimenez	1/7/2020 – 1/6/2022	1
Philip Gursky - Chair	1/7/2020 – 1/6/2022	1
	1/7/2022 – 1/6/2024	1
	3/30/2021 – 1/6/2023	1
Morris Pongratz	3/30/2021 – 1/6/2023	1
Lori Padilla	3/30/2021 – 1/6/2023	1
Cameron Counters	3/30/2021 – 1/6/2023	1
Lyn (Lynia) Haval	3/30/2021 – 1/6/2023	1
Robert Dryja	3/30/2021 – 1/6/2023	1
Richard Skolnik	3/30/2021 – 1/6/2023	1
Carrie Manore	3/30/2021 – 1/6/2023	1
Rachel Light	3/30/2021 – 1/6/2023	1

Department Director: Cory Styron, Community Services Director

Work plan developed in collaboration with Department Director. (Y/N?) ____

Staff Liaison: Katherine Hudspeth

Administrative Support provided by: Eloisa Sanchez

Council Liaison: David Reagor

Reviewed by Council Liaison? _____

1.0 Provide a brief Summary of your Board or Commission's activities over the past twelve months. Please describe your Board or Commission's accomplishments and identify constraints. List any "lessons learned" and identify the greatest challenges faced by the Board or Commission.

2.0

Describe the future work plans for this Board or Commission using the following items and showing the relationship to those items: *(Please remember that Council approval of this work plan does not constitute official Council approval of proposed projects, assignments, or anticipated recommendations included in this work plan that have budget implications.)*

2.1 List any special projects or assignments given to this Board or Commission by Council or the Department Director:

2.2 List the guiding documents/plans (with approval or revision dates listed) used by this Board or Commission.

Incorporated County of Los Alamos Resolution No. 19-28

2.3 Other projects/assignments proposed by the Board or Commission: *(Any projects or activities proposed in this section should be discussed with the Council Liaison prior to listing it in this work plan.)* To assist with Council review of the work plans, please list the B&C's proposed projects or assignments in priority order.

Los Alamos County Health Council will be working on developing a comprehensive health plan for Los Alamos County that encompasses the next 5-7 years.

3.0 Identify any interfaces for the goals/tasks in this work plan with County Departments and other Boards and Commissions. Specify the coordination required.

4.0 List any special public information or involvement meetings or efforts to be conducted by this Board or Commission:

- As noted in Section 3.0 of Los Alamos Resolution 19-28 – the Board may collaborate with other entities for develop programs, networks, partnerships, and coalitions as necessary to improve health.
- As noted in Section 3.0 of Los Alamos Resolution 19-28 – the Board will facilitate communication among jurisdictions, state agencies, and other entities.

5.0 List the current subcommittees for this Board or Commission.

LACHC AdHoc Committees and LACHC Liaisons:

- BabyNet: Carie Fanning
- Special Needs: Rachel Light
- Youth Resiliency: Kristine Coblentz
- Basic Needs: Lisa Zuhn
- Older Adult Network: Lyn Haval

5.1 For subcommittees with members that are not members of the parent board or commission:

List the subcommittee members and their terms.

Explain how sub- committee members are selected or appointed.

Provide a description of each subcommittee’s charter or purpose.

Describe the expected duration for the subcommittee and their work plan(s) demonstrating how they support the Board or Commission:

Attachment A: Provide a copy of your Board or Commission’s “Purpose” and “Duties and Responsibilities” from Chapter 8 of the County Code.

Attachment B: Using the chart below, place an X in the column on the right if the Council Goal is related to the work of the Planning & Zoning Commission:

Attachment A

Incorporated County of Los Alamos Resolution No. 19-28

Section 1: Health Council. There is hereby created a Health Council which shall be known as the “Los Alamos County Health Council.”

Section 2: Composition, Terms of Office, and Compensation. The Los Alamos County Health Council (“Health Council”) shall consist of up to fifteen (15) members, appointed by County Council. The members of the Health Council shall be selected to represent a broad spectrum of interests and who represent diverse community interests, including individuals and public, private, and nonprofit entities, which may include Los Alamos National Laboratory representation, health providers, parenting families, local school administrators, public health services, local non-profit organizations, income support services, and hospital administrators. Members shall be appointed to staggered terms of two (2) years, and no member shall serve more than four (4) consecutive years. The Health Council shall annually select a Chairperson and a Vice-Chairperson by majority vote of its members.

Section 3. Duties. The Health Council shall develop recommendations to County regarding comprehensive health planning, coordination of health resources and identification of needs, services, projects, and programs that can affect community health.

The Health Council shall prepare an annual Community Health Plan and report its Plan to County Council and to the State of New Mexico Department of Health. The Community Health Plan shall include:

- (1)a county health assessment and inventory of health resources.
- (2)identification of health priorities determined through independent, community-based planning processes; and
- (3)strategies and resources to address health priorities.

The Health Council shall monitor health and health care programs and services in order to identify potential gaps and to reduce potential duplication; collaborate with other entities to develop programs, networks, partnerships and coalitions as necessary to improve health; advise County Council regarding policies that affect health; facilitate communication among local jurisdictions, state agencies and other entities; and identify additional public and private resources to improve health in its respective jurisdiction.

Section 4. The Health Council shall adhere to all applicable laws and guidelines governing County’s boards and commissions.

Section 5: The Health Council shall prepare a written report on their activities at least twice per year. The report shall be provided to the Director of Community Services who shall present it to County Council.

Section 6: Effective Date. This Resolution shall become effective upon adoption and remain in effect until amended or rescinded.

PASSED AND ADOPTED this 3rd day of December 2019.

Attachment B

Council Goals and Priority Areas

Enhancing quality of life, economic vitality, environmental sustainability, and racial equity and inclusivity are overarching goals that will be components of all our efforts as we coordinate with Los Alamos National Laboratory and regional partners and plan for appropriate levels of County services.	
Enhancing Communication	
Enhancing communication with the public to promote transparency and strengthen trust in County government.	X
Increasing the Amount and Types of Housing Options	
This includes increasing the variety of housing options for all segments of the community, from affordable to new options for those interested in downsizing or moving closer to central areas of the community and pursuing opportunities for utilization of vacant spaces to address these needs.	
Protecting, Maintaining, and Improving Our Open Spaces, Recreational, and Cultural Amenities	
Los Alamos County open spaces and cultural attractions are greatly valued by the community and provide opportunities for recreational and economic growth; appropriately allocating resources to ensure their health and sustainability is important to our citizens.	
Enhancing Support and Opportunities for the Local Business Environment	
This includes appropriately supporting existing businesses, growing new businesses, supporting technology start-ups and spin-offs, and identifying opportunities for utilizing vacant space as a part of these efforts.	
Supporting Social Services Improvement	
Behavioral, mental, and physical health and social services are important quality of life components; there are key areas where appropriate types and levels of County support could help address current needs	X
Improving Access to High Quality Broadband	
Enabling reliable high-speed broadband service throughout the county by determining appropriate investments (e.g., conduct a community needs analysis, evaluate technical options).	
Investing in Infrastructure	
Appropriately balancing maintenance of existing infrastructure with new investments in county utilities, roads, trails, expanded transit options, facilities and amenities, which will help improve environmental stewardship, sustainability, and quality of life, while allowing for sustainable growth.	



County of Los Alamos

Staff Report

February 03, 2022

Los Alamos, NM 87544
www.losalamosnm.us

Agenda No.: E

Index (Council Goals):

Presenters: Katherine Hudspeth

Legislative File: 15456-22

Title

Los Alamos County Health Council Fact Sheet

Recommended Action

I move that the Los Alamos County Health Council approves the updated LACHC Fact Sheet

Body

The LACHC Fact Sheet requires to be updated per the New Mexico Health Alliance of Health Councils Grant requirements.

Attachments

A - Los Alamos County Health Council Fact Sheet

LOS ALAMOS COUNTY HEALTH COUNCIL

**Serves as an advisory role to Los Alamos County Council;
LAHC Board is supported by the Los Alamos County Social
Services Division**

VISION

A Community Where All Members Can Achieve Health and Wellness Through Knowledge of and Access to Physical and Behavioral Health Resources and Skills

MISSION

Provide Information, Recommendations, and Assessments Regarding Community Health Matters to the Los Alamos Community.

COORDINATOR

Los Alamos County Health Council Coordinator is the Social Services Division Manager and DWI Program Coordinator.



ADVISORY ROLE

Los Alamos County Health Council serves as an advisory role to Los Alamos County Council.



BOARD

LAHC Board is supported by the Los Alamos County Social Services Division.



MEMBERS

LACHC Board consists of 15 board members who are appointed by Los Alamos County Council to represent diverse community interests and needs.

| LACHC**OBJECTIVES**

RELATIONSHIPS

Develop a relationship with 211, a national organization that serves as a resource for databases for health and human services issues, including basic needs like housing, food, transportation, and health care. Through this collaboration, the health resources within the community may be better accessed by those in need.

LACHC**SUCCESSES**

DELIVERABLES

Have been able to consistently meet the required Health Council Deliverables, set by the New Mexico Department of Health.

OBJECTIVE COMPLETE

Completed objective of securing beds for Los Alamos County Residents in an inpatient behavioral health and substance abuse issues through Darrin's Place in Espanola

KELLOGG GRANT

Completed and secured funding through the Kellogg Grant, to help provide support for the Health Equity Committee.

IDENTIFY NEEDS

Ensure comprehensive community-based planning to identify and address local health needs and priorities that will be shared with Los Alamos County Council

NETWORK

Research and develop a virtual platform to network and share information with community healthcare providers, nonprofit organizations, and residents of Los Alamos County

ADHOC COMMITTEE **SUCCESSES**

COLLABORATION

- BabyNet – Advocated for the return of OB/GYN services within Los Alamos County

- Youth Resiliency - Gathers a diverse group of youth service providers each month to identify strengths and gaps, share resources, and to collaborate to highlight events and activities and leverage each other's efforts. Also, distributes monthly newsletters through the schools and to the community, which includes information about building resiliency and highlights community services and activities.

- Basic Needs – Facilitated and disseminated information related to organizations and resources to community members specific to basic needs.

- Older Adult Network – Gathers a diverse group of providers who serve the senior population, to discuss emerging needs and gaps identified for the senior population in Los Alamos County

INTEGRATED COMMUNITY SERVICES MASTER PLAN

FOCUS GROUP INPUT

PAT O'TOOLE, PRINCIPAL, PROJECT MANAGER

TERESA L. PENBROOKE, PHD, CPRE
CEO & PRINCIPAL, HEALTHY COMMUNITIES SPECIALIST



LOS ALAMOS COUNTY MASTER PLANNING PROCESS

4 Stages of Public Engagement



Strategic Kick-Off

- Critical Success Factors
- Key focus areas
- Meeting schedule
- Identification of Key Stakeholders
- Gathering of All Relevant Documents
- Briefing with Decision Makers



1 Information Gathering

- Needs Assessment

- Staff
- Stakeholders
- Public Meetings
- Focus groups
- Interviews



- Inventory

- All Assets
- All Program Locations
- Other Providers

- Level of Service Analysis

- GIS component-based mapping
- Quality, Quantity, Functionality

- Community Profile

- Historical & Planning Context
- Demographics

- Trends

2 Findings & Visioning

- Presentation/Feedback Sessions

- Staff
- Stakeholders
- Decision Makers

- What We Have Discovered

- Key Issues Matrix
- Key Ideas and Themes for Improvement

- Analysis

- Programming
- Operations
- Maintenance
- Marketing & Communications
- Financial Resources



3 Draft Recommendations

- Summary Findings
- Strategies

- Long-Term Vision
- Short-Term Action

- Implications

- Financial
- Operational
- Maintenance

- Recommendations

- Action Plan

- Tasks
- Timing
- Costs

- Review & Revisions



4 Final Plan

- Review

- Staff
- Public
- Decision Maker
- Distribute/Post



Implementation

- Action Plan
- Annual Review



PROJECTS IN PROGRESS

BMX TRACK RENOVATION- FINAL SELECTION OF VENDOR AND OPTIONS TO BE PRESENTED TO COUNTY COUNCIL

BREWER ARENA- NEW LIGHTS

PUEBLO CANYON CONCEPTUAL TRAIL- PROVIDE A CONCEPTUAL PLAN FOR A LONG FLOW TRAIL, TWO NICA LOOPS, MULTIMODAL TRAIL FROM NORTH MESA TO DOWNTOWN, AND MTB SKILLS PARK. VENDOR SELECTED AND PROCESS STARTED

TENNIS COURT TOURNAMENT SITE- RFP PREPARED TO ADD COURTS FOR A TOURNAMENT QUALITY LOCATION- SITES UNDER REVIEW UNMLA SITE, URBAN PARK, AND NORTH MESA PARK

GYMNASIUM- SHARED SPACE ON LOS ALAMOS PUBLIC SCHOOLS MIDDLE SCHOOL PROPERTY. CURRENT BUDGET \$4-6 MILLION, ADDITIONAL SHARED SPACE GYMNASIUM IN WHITE ROCK AT CHAMIS ELEMENTARY SCHOOL- RFP BEING DEVELOPED FOR MIDDLE SCHOOL, PARTIAL FUNDING FOR STUDY FOR WR SECURED



POTENTIAL OPPORTUNITIES

HOW TO INCORPORATE KEY COMMUNITY HEALTH INFO THROUGHOUT PROGRAMMING

INCORPORATE LIBRARY INTO ALL ASPECTS OF PROGRAMMING AND CREATE POP UPS

ICE RINK COVER FOR EXTENDED SEASON AND ADDITIONAL SEATING, POSSIBLE SHOWERS

CAMPING UPGRADES TO CAMP MAY

ARTIFICIAL TURF ON MULTIPLE ATHLETIC FIELDS

PICKLEBALL COURTS (PROBABLY A RE-PURPOSE

SPLASH PAD IN LA

ALL ABILITIES PLAYGROUND (RENOVATION OF EXISTING)

EXERCISE STATIONS ALONG TRAILS

SUSTAINABLE ACTIONS

MASTER PLAN N MESA

MASTER PLAN PARCELS IN WHITE ROCK

CRICKET PITCH

COMMUNITY GARDENS

LIGHTED PLAYGROUNDS



Integrating P&R and Health into Community Systems & Planning


- Role of Parks and Recreation in Health and Community Resilience
- Integrated P&R Healthy Community Plans





Integrated Focus: Health Equity and Community Resilience



- Everyone has a fair and just opportunity to be as healthy as possible
 - Removing obstacles -
Poverty, discrimination, and lack of access to jobs, quality education, housing, safe environment, transportation, and health care
 - Based on human rights principles
 - Quality of Life brings individual and community resilience
- 

Modifiable Factors

(determinants)

Spaces, Programs, and
Policies

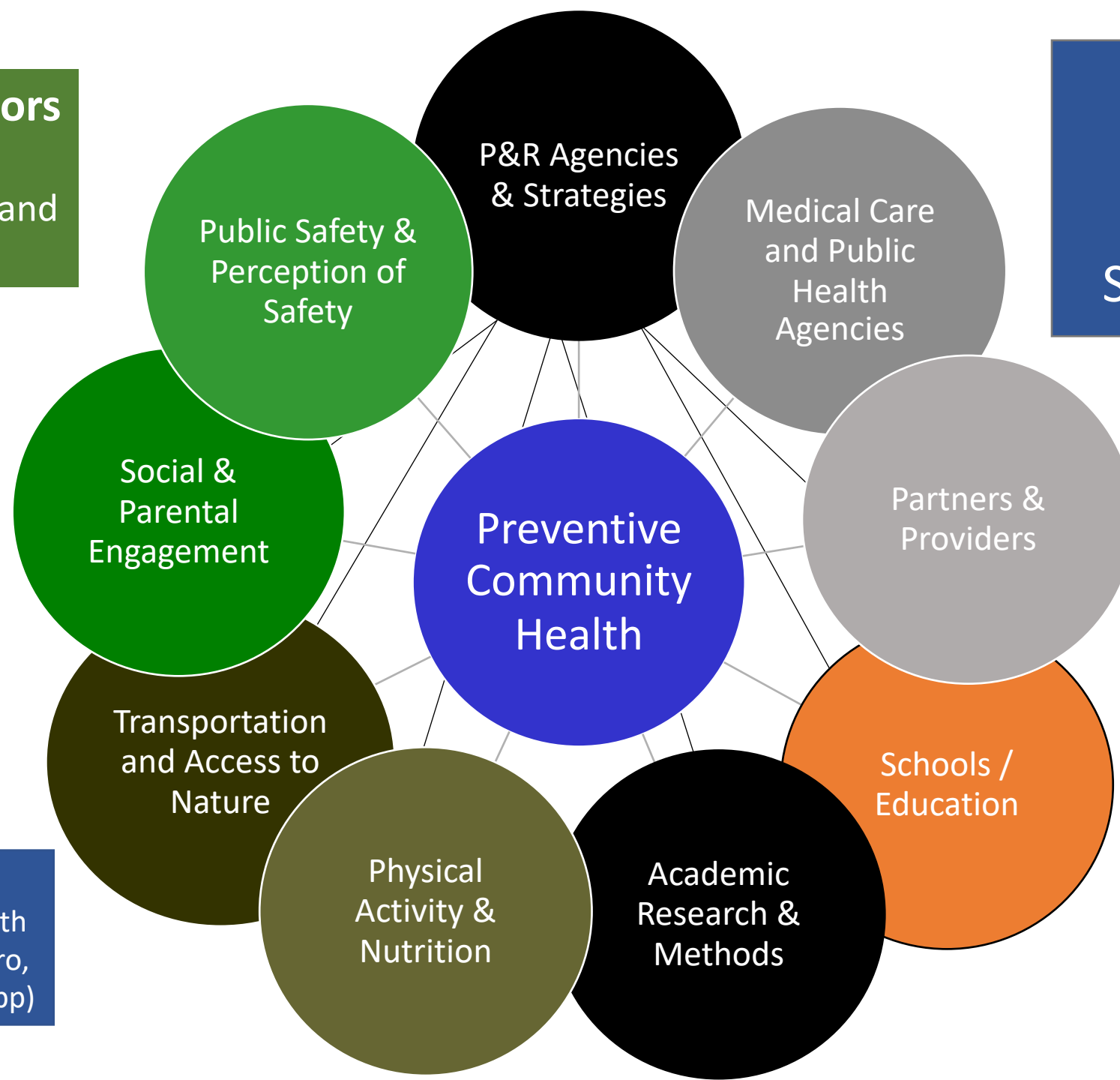
Modifying
Preventive PH
through P&R
Systems Thinking

Actors

Facilitating
Partnerships and
outcomes

Actions on all levels

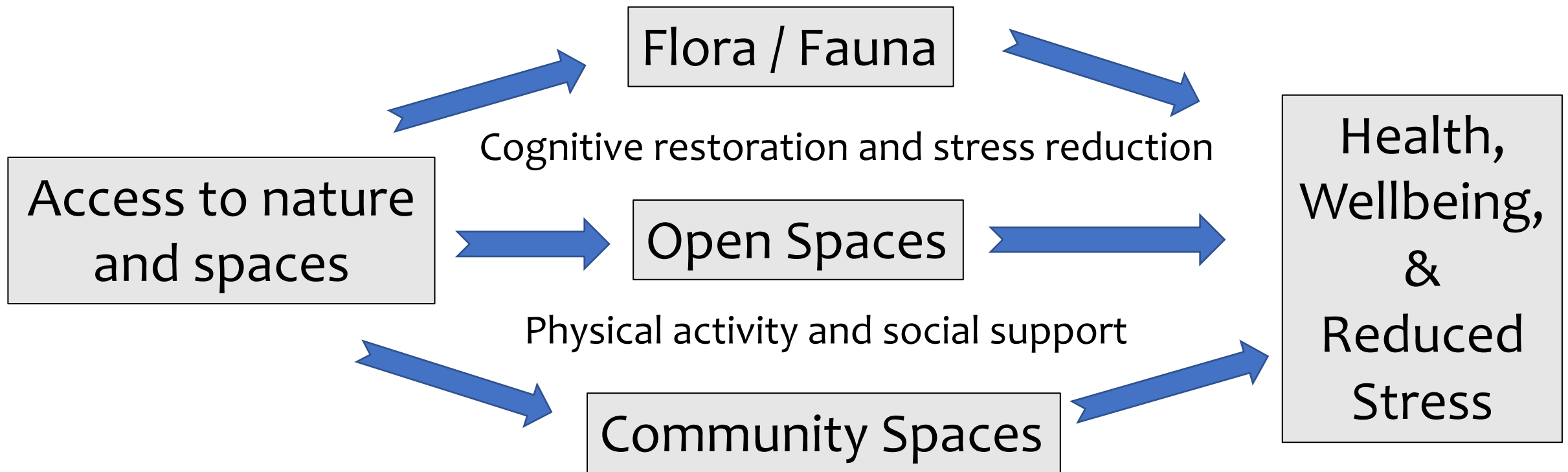
(T.L. Penbrooke, 2017, with
M.B. Edwards, J.N. Bocarro,
K.A. Henderson, & J.A. Hipp)



GPARED

NC STATE UNIVERSITY

Systems approach to relationships between equitable access to nature and public spaces and health



Adapted from EPA, 2014; Kuo, 2015; Saw, Lim, & Carrasco, 2015; Penbrooke, 2017; Sturm & Cohen, 2014

Why Parks and Recreation as an Integrated Preventive Health Solution?

- Provide access to land and facilities
- Facilitate opportunities to participate in active and passive recreation and conservation
- Provide crucial health and wellness opportunities for all populations across the County
- Offering affordable programming and managed access to outdoor spaces can lead to a more active and healthier residents, positive economic impacts, and community resilience.

Five Elements for Healthy Systems Analysis

Warrant for Action

- Why? Who?
- Impact & Negative Markers

Community Systems

- Convene Stakeholders & Actors
- Intersections

Inventory of Assets & Affordances

- Facilities & Lands
- Programs & Services
- Connectivity & Equitable Access

Policies, Laws & Procedures

- Laws & Ordinances
- Agency Regulations
- Agency Policies & Practices

Fiscal Resources & Strategies

- Funding Paths & Allocation Patterns
- Sources and Use of \$\$
- ROI

What are
we
doing?

Is it
working?

How can
we
improve?

APPLIED TO THE LOS ALAMOS COUNTY MASTER PLANNING PROCESS

4 Stages of Public Engagement



YOUR INPUT TODAY

- What are the current strengths around this integrated approach? What is currently working well?
- What are the challenges or weaknesses that need to be addressed now?
- What other opportunities do you see to consider?
- Who are the partners to help make it happen? Who else should we be talking to?

NEXT STEPS

COMPLETE FOCUS GROUPS AND STAKEHOLDER INTERVIEWS – JAN
OPEN PUBLIC INPUT WEBINAR – FEB
STATISTICALLY-VALID AND ONLINE SURVEYS – FEB/MARCH
INVENTORY ASSESSMENT – FEB
VIRTUAL FINDINGS PRESENTATIONS - APRIL

THANK YOU FOR YOUR
INVOLVEMENT!

PAT O'TOOLE, PRINCIPAL, PROJECT MANAGER

PATO@GREENPLAYLLC.COM

303-345-1804



TERESA L. PENBROOKE, PHD, CPRE

TERESAP@GREENPLAYLLC.COM



www.greenplayllc.com



www.gpred.org



Youth Resiliency Committee

A Sub-Committee of the Los Alamos County Health Council

COLLABORATING TO BUILD
AN ENGAGED, CONNECTED, AND THRIVING COMMUNITY

JANUARY 2022

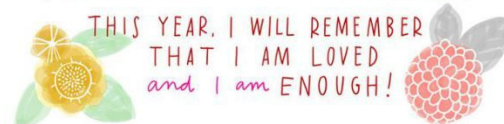
Our Vision: We envision a community where all adults are developing awareness and skills and all youth are becoming connected, engaged, and resilient.

Our Mission: We support youth and family well-being by bringing awareness to strengths and challenges; connecting people, ideas, and resources; and increasing access to services and activities in our local and neighboring communities. We aim to recognize and celebrate every community member and foster a sense of belonging for all.

We are a network of community partners who meet once a month to support one another and share collaborative resources and activities. For more information call 505-663-2263 or email k.coblentz@laschools.net. Previous editions of the newsletter can be found [here](#).



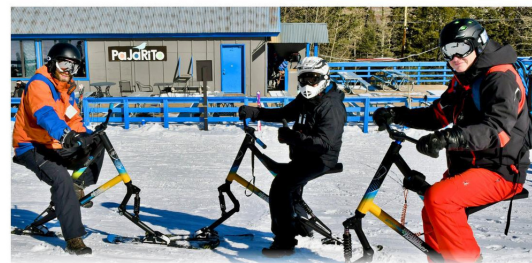
THIS YEAR, I WILL
I WILL LET GO OF _____
& EMBRACE _____. I WILL
HONOR MY _____ AND
LOVE MY _____. I
WILL STAND UP & SHARE
MY _____ WITH THE WORLD!



©Emily M. Driscoll

Next YRC Meeting!

Monday, January 10th
from 9:30-11:00 am
at the Los Alamos Teen Center.
All are welcome to attend.



2021 - 2022 Activity Guide



LOS ALAMOS
where discoveries are made



Sign up
for the
family
challenge!





Resource Highlight

Opportunities for English Language Learners

A series of new and reoccurring adult English as a Second Language classes are available at a number of different times and locations to meet individual and family needs. Depending on the class, students have opportunities to improve conversation, writing, reading, listening and pronunciation skills. All classes are free and materials are available for student use. Classes held at FSN and Mesa Public Library welcome children. Please contact the organizations below for details.

Morning ESL at UNM-LA - Monday - Friday, various levels and times

Afternoon ESL at Family Strengths Network - Mondays, 1:30-3:00 pm, Thursdays, 2:00-3:30 pm

Afternoon ESL at Mesa Public Library - Wednesdays, 1:00-5:00 pm

Evening ESL at UNM-LA - Multilevel class Tuesdays - Thursdays, 5:30-7:00 pm

Evening ESL Online - Intermediate class Mondays - Thursdays, 5:30-6:30 pm, ESL Citizenship classes Mondays - Thursdays, 6:30 - 8:30 pm and Saturdays, 11:30 am - 1:00 pm. Classes begin January 18, 2022. Contact JaneC181@unm.edu or check out the schedule at <http://losalamos.unm.edu/adult-learning-center/> for more information.

• Winter Market continues with curbside pickup Thursdays from 10am - 12pm. Sign up for weekly emails and pre-order details at this [link](#).



@ the Los Alamos History Museum,
1050 Bathtub Row

Selfie Day at the Museum

Wednesday, January 19th,
9:00 am - 5:00 pm
Celebrate #MuseumSelfieDay in the Los Alamos History Museum! Props will be available for fun photo ops. Post your selfies online and check out museum selfies from around the world.



Tip of the Month

Setting intentions is a powerful practice that can keep you on track and acting in alignment with your purpose. Try out these tips from **Minimalism Made Simple** for setting intentions for the New Year.

- Reflect on what you value.
- Write your intentions down daily, monthly, yearly.
- Revisit them each month.

Keep these guiding questions in mind as you begin to formulate your intentions:

- What is my why?
- Is it attainable?
- Will it have a positive influence on my life?

"And now we welcome the new year,
full of things that have never been"

- Rainer Maria Rilke

BABYNET

JANUARY 18, 2022

FIRST BORN

First Born has returned to virtual programming. The organization is looking for a new administrative assistant.

KAREN BROWN

Rules around birthing in some hospitals have returned to only allowing one support person at the birth. To find out if a Doula may attend the birth it is recommended to check with the Facility, not the doctor or midwife.



FAMILY STRENGTHS NETWORK (FSN)

To mitigate Covid the organization has made contactless pick-up available for the libraries, moved some programs to kit activities, and is cautious about the number of individuals in the building at any given time. New programming this semester includes:

- ESL Family Literacy Class
- Our Whole Lives (sex education)
- Childbirth, Refresher and Family Class

LAC SOCIAL SERVICES

County has returned back to employees working virtually and staggered. This work strategy will be reviewed next week. Interviews for the Social Services Director were conducted last Friday. There is a lot of work being completed around vaccine equity within the County.

LAS CUMBRES

Circle of Security start date has changed and will be starting virtually Feb. 7 at 10:00 and runs for 10 weeks.

Autism Support is virtual on 3rd Thursdays at 10:00, anyone with special needs child can attend.

The sensory playground equipment has been ordered.

There will be a Sensory Music Movement at Las Cumbres with an occupational therapist on sight on 2nd and 4th Wednesdays at 9:30.

The organization is considering specific activities around development.

DR. DESIREE CASSELL

Dr. Cassell is officially in Los Alamos and accepting clients regarding pelvic health.

DISCUSSION

Perinatal Resource Guide

- Brainstormed categories to be included in the Guide
- Divided categories among members to research services available in those categories
- Set a deadline for Feb. 15 (next month's meeting) to report back with services available and their contact information
- Still determining the layout of the guide and the geographical area to be covered
- Decided that once guide is completed that it should be updated quarterly by BabyNet



Next Meeting February 15, 2022 at 1:00

Contact fsn@lafsn.org for more information

Basic Needs Subcommittee of
County Health Council
January 18, 2022

We switched over to using the county Zoom account and there was some mix-up with attendees. We will try additional reminders next month.

Deni Fell reported that the Comprehensive Health Plan along with the Equity component is proceeding nicely thanks to the work of Cam Counters, Katherine Hudspeth and others. She announced that there is a new COVID testing site in White Rock at Overlook Park, Monday-Friday from 8-3. It is in addition to the existing testing site at the old Smith's parking lot on Tuesdays and Thursdays.

Susan Williams, from First Born, said that they are doing visits through Zoom or meeting outdoors. They are dealing with many unvaccinated families, since the kids are too young to receive shots. With the new variant, it is difficult to tell if they are just sick or actually have COVID. First Born is functioning at near capacity with 73 of 75 slots full, and more in progress. They have established a relationship with the Children's Clinic and are receiving referrals from them. She also reported that we will all be able to get free home tests and KN95 masks from the government.

Lyn Haval, with LA Cares, reported that they went back to a drive-thru model of distribution, since the COVID numbers have increased dramatically. They served 60 families in January. LA Cares is working with a small cadre of enthusiastic volunteers, mostly board members, who manage to sort, pack and distribute food on a monthly basis. The community of Los Alamos continues to be very generous with their support of LA Cares. Thank you to the residents of Los Alamos County!

Older Adult Network Subcommittee of the
County Health Council
January 19, 2022

We switched over to using the county Zoom account and there was some mix-up with attendees. We will try additional reminders next month.

Jenn Bartram reported that she is seeing that a lot of patients have COVID. Her grief groups are busy; people are struggling with many issues. The additional COVID testing site at Overlook Park is working well; it was very welcome and needed in our community.

Bernadette Lauritzen reported that the Senior Centers are still limiting in person attendance to 10 people at a time. Sometimes that would be fulfilled with only staff members. AARP will do taxes again this year, but not out of the Senior Centers; locations still to be determined. The Los Alamos senior center may remodel the kitchen in March.