# BABYNET

**JANUARY 18, 2022** 

#### **FIRST BORN**

First Born has returned to virtual programming. The organization is looking for a new administrative assistant.

#### **KAREN BROWN**

Rules around birthing in some hospitals have returned to only allowing one support person at the birth. To find out if a Doula may attend the birth it is recommended to check with the Facility, not the doctor or midwife.

#### LAC SOCIAL SERVICES

County has returned back to employees working virtually and staggered. This work strategy will be reviewed next week. Interviews for the Social Services Director were conducted last Friday. There is a lot of work being completed around vaccine equity within the County.



#### LAS CUMBRES

Circle of Security start date has changed and will be starting virtually Feb. 7 at 10:00 and runs for 10 weeks.

Autism Support is virtual on 3rd Thursdays at 10:00, anyone with special needs child can attend.

The sensory playground equipment has been ordered.

There will be a Sensory Music Movement at Las Cumbres with an occupational therapist on sight on 2nd and 4th Wednesdays at 9:30. The organization is considering specific

activities around development.

### FAMILY STRENGTHS NETWORK (FSN)

To mitigate Covid the organization has made contactless pick-up available for the libraries, moved some programs to kit activities, and is cautious about the number of individuals in the building at any given time. New programming this semester includes:

- ESL Family Literacy Class
- Our Whole Lives (sex education)
- Childbirth, Refresher and Family Class

#### DR. DESIREE CASSELL

Dr. Cassell is officially in Los Alamos and accepting clients regarding pelvic health.

## **DISCUSSION** Perinatal Resource Guide

- Brainstormed categories to be included in the Guide
- Divided categories among members to research services available in those categories
- Set a deadline for Feb. 15 (next month's meeting) to report back with services available and their contact information
- Still determining the layout of the guide and the geographical area to be covered
- Decided that once guide is completed that it should be updated quarterly by BabyNet



Next Meeting February 15, 2022 at 1:00

Contact fsn@lafsn.org for more information