



Council Meeting Staff Report

June 25, 2024

Agenda No.:	A.
Indexes (Council Goals):	Quality Governance - Communication and Engagement, Quality of Life - Health, Wellbeing , and Social Services
Presenters:	County Council
Legislative File:	18453-24

Title

Proclamation Designating July 2024 as Park and Recreation Month (Accepted by Wendy Parker, Parks Superintendent and Katherine Hudspeth, Recreation Superintendent for the Community Services Department)

Body

WHEREAS, parks and recreation are an integral part of communities throughout this country, including Los Alamos County; and

WHEREAS, parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS, parks and recreation encourage physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS, parks and recreation are a leading provider of healthy meals, nutrition services and education; and

WHEREAS, park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS, parks and recreation increase a community’s economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation are fundamental to the environmental well-being of our community; and

WHEREAS, parks and recreation are essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month;

and

WHEREAS, Los Alamos County recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, BE IT RESOLVED BY the Incorporated County of Los Alamos that July 2024, is recognized as

"PARK AND RECREATION MONTH"

in Los Alamos County, and ask our citizens to get outside and enjoy the multitude of special programs, activities and celebrations planned through our Community Services Department.