

General Information

All County Board and Commission members must be residents of Los Alamos County. Lodgers' Tax Advisory Board members, except the at-large community member, do not need to be residents if they are employed/represent an attraction or hotel.

Once a resident fills out and submits this application, an interview is scheduled with the B&C's County Council liaison, the relevant staff liaison, and the B&C Chair. After the interviews, the applicants' names are presented to the full Council during a regularly scheduled Council meeting, where a vote is taken regarding the appointment of each applicant. Each applicant will be notified if they are appointed or not.

Only on-line applications will be considered.

If you are interested in applying for Labor Relations Board, please contact Mary Tapia at 505-662-8040.

Profile

Board and Commission Application

Note: Please be aware that as a public entity, the County of Los Alamos, is obligated to furnish this information to the public if requested. Note also that current LANL employees, if appointed to a Board or Commission, may be required by LANL to complete a 701 form.

Which Boards would you like to apply for?

County Health Council : Submitted

Stacy

First Name

N

Middle Initial

Frers

Last Name

Street Address

Suite or Apt

City

State

Postal Code

Email Address

Primary Phone

Alternate Phone

Registered to vote in Los Alamos?

Yes No

Party affiliation as registered: (Select one of the following) *

Independent

How long have you lived in Los Alamos County?

5 years

How did you learn of this Board/Commission vacancy?

Lisa Hampton

Do you currently serve on any County Board or Commission?

Yes No

If yes, which one? (Los Alamos County law prohibits residents from serving concurrently on more than one County board except as expressly approved in writing by the County Council before the appointment is made.)

Community Service

List boards, commissions, committees, and organizations on which you are currently serving or have served. Include any offices held.

I am currently the Case Manager and Home Delivered Meals Coordinator at the Los Alamos and White Rock senior centers. (LARSO)

Employment and Education

List your current and past employment experience.

I have been a nurse for 25 years. I have worked as a field nurse in the geriatric field for 10 years before moving to Los Alamos. I specialized in geriatric education on disease processes and s/s of exacerbation. I also specialized in wound care, end of life education, medication administration and case management. I am currently the Case Manager at LARSO, I have been here for 2 1/2 years. In this position I help educate older adults on their health, social services (SNAP, Medicare, Medicaid, VA services and other government/city/state services), Care givers option, home safety, medication education and compliance and more. I try to be a place where our community of older adults can go when they need something and they do not where to start. I also help seniors find the medical equipment they need or help them find ways to lessen their medication cost burden.

List your current and past education including any professional or vocational licenses or certificates.

I got my nursing degree in Texas and graduated top of my class. I hold an active Licensed Practical Nursing license in New Mexico. I have other certifications like: CPR, First Aid, Wound Care, dementia education, elder abuse and IV infusions.

Interests & Experiences

Why would you like to serve on this particular Board or Commission?

County Health Council

What would you like to accomplish during your tenure on this Board or Commission? (Please identify any special interests you have that led you to become interested in serving on this Board or Commission.)

I am interested in serving on the County Health Council because of my strong commitment to improving the well-being of our community, particularly among older adults. In my role as a case manager at the local senior center, I work closely with individuals who often face complex health, social, and economic challenges. This experience has given me a practical understanding of gaps in services and the importance of coordinated accessible care. Ultimately, my goal is to help support policies and initiatives that enhance quality of life, promote equity in health services, and ensure that all members of our community have the resources they need to thrive.

Have you had any direct or indirect involvement with this Board or Commission or with the County staff supporting this Board or Commission or County Councilors? If so, please explain.

Yes I have been to public meetings for the Social Services Hub building.

What volunteer or professional activities have you participated in that could apply to this appointment?

LARSO Case Manager for the older adult population and my career as nurse in the service of my community.

The time involved may be 10-15 hours per month or more. Are you able to serve the volunteer hours and attend training needed to perform your duties as an appointee?

yes

Are there any issue or matters, financial or otherwise, that you are now or might become involved in that may come before the Board or Commission for which you seek appointment?

none that I see.

General

Have you ever worked for Los Alamos County?

Yes No

If yes, please list dates and department.

Are you related to any employee of Los Alamos County?

Yes No

If yes, please indicate name and relationship.

Are you aware of any potential conflicts of interest in connection to your occupation or financial holdings in relation to your responsibilities as a member of the advisory body to which you seek appointment?

Yes No

If yes, please indicate any potential conflicts.

Are you aware of the time commitment necessary to fulfill the obligations of the Board or Commission to which you seek appointment?

Yes No

Can you commit to approximately 10-15 hours per month to this Board or Commission to prepare for and attend monthly meetings and training as needed?

Yes No

Are you willing to participate in Board and Commission meetings that are recorded and may be live-streamed?

Yes No

Are you willing to have your name listed on the County Boards and Commissions public webpage?

Yes No

If you have any questions, please contact Adrienne Lovato at 505-662-8293



**County Manager's Office
BOARD & COMMISSION INTERVIEW QUESTIONS**

Stacy Frers

Applicant's Name

Health Council
Board or Commission

Melanee Hand
Interviewer Name

5/26/26
Date/Time of Interview

Interview Conducted
 Personally
 Telephone
 Remote/Zoom

NOTE TO INTERVIEW PANEL: Please remember touse this interview as an opportunity to share Council's directives and guidance for B&C's.

| # | Question/Documented Response |
|---|--|
| 1 | Please tell us a little about yourself, especially your experience and background related to this board/commission. From Houston, nurse for about 27 yrs. 15 yrs service of older adults. 15 yr. old daughter. Case Manager at LA Senior Center. Moved to Los Alamos with family a few years ago. |
| 2 | Why would you like to serve on this board/commission? Very interested that Los Alamos has Health Council to increase outreach and also offer input and be helpful to H. Council. |
| 3 | What do you believe are the major issues facing this board/commission? Losing physicians and health care workers. Appts are scheduled a year in advance. This is hard to manage long term. Very helpful to have internet doctor appt. Direct impact to LARSO regarding driving citizens to doctor appointments out of Los Alamos. Transportation issues associated with doctors further away. |
| 4 | <i>Insert a board/commission specific question here. Major issues facing New Mexico?</i> Need more mental health care. Wish there were more councilors that specialize in addiction. Wish there was resources for more follow-up. Need more in patient services. |
| 5 | What do you feel you could contribute to this board/commission? Years of being a nurse and working in many aspects of health care. Happy to help to offer that experience and wants to be a part of something that is bigger than herself. |

| | |
|---|---|
| 6 | <p>What other community and/or civic activities have you been involved in?</p> <p>Working 50-60 hrs a week before coming to Los Alamos. Now she has more time and help PTA groups and other school activities.</p> |
| 7 | <p>Do you have any questions about the expectations included in the application?</p> <p>Would like an overview of what it means to be on health council. Lisa and Jessica (co-interviewers) provide some details. Advise County Council – Comp. Health Plan. Working on action items from Comp. Health Plan – one is a one-stop shop for health resources all in one place. Includes transportation inside and outside the County. Write articles on items related to health Council. Alliance of Health Councils across the State that coordinate – attend State-wide Council Alliance Conferences. Monthly newsletter and updates, training, grant writing training, how to talk to the State Reps, etc through the Alliance. Interest in RV park to house incoming members to the community in transition to finding a permanent home. Stacy lived in her RV With her family for months when they first moved to Los Alamos until they found housing for their family.</p> |
| 8 | <p>Do you have any other questions for the interview panel?</p> <p>See above. How long has Los Alamos had a Health Council in 2019? Before that, it was called the Community Health Council which functioned slightly different. The State wanted to create Health Councils state-wide, which provided funding to help set it up and maintain it. The Health Council does not have fiduciary responsibilities, so State funding goes through the Social Services Division of Los Alamos County.</p> |

Notes:



County Manager's Office
BOARD & COMMISSION INTERVIEW QUESTIONS

Stacy Frers
Applicant's Name

Health Council
Board or Commission

Lisa Hampton
Interviewer Name

5/26/26 10:00 am
Date/Time of Interview

Interview Conducted
Personally
Telephone
[X] Remote/Zoom

NOTE TO INTERVIEW PANEL: Please remember to use this interview as an opportunity to share Council's directives and guidance for B&C's.

Table with 2 columns: #, Question/Documented Response. Contains 5 rows of interview questions and answers.

| | |
|---|---|
| 6 | What other community and/or civic activities have you been involved in? Working full time and being a parent. Worked With PTA groups and schools. Mom of sports student—softball |
| 7 | Do you have any questions about the expectations included in the application? Advise county council via the Comprehensive Health Plan. Also participate as much or little as possible related to other activities—Action Plan. Health Action Center Working group, tabling at events, outreach, writing an article. Come to meetings, project related to directory and database of resou Liaison to other boards, affordable housing. Participate in the Alliance of Health Councils' activities. |
| 8 | Do you have any other questions for the interview panel? Lots of diversity and thoughts and different ways to help people. Many different initiatives. How long has there been a Health Council? —Since 2019 because of the State Mandate based upon HB137. Some are non-profits, some are tribal governments, some are county run. How is the budget used? —are a line item Under the Social Services—Unite Us S/W, Swag at outreach events, registration tables, additional \$40k for “harm reduction” and “suicide prevention”, vending machines, Vaccine clinic, brochures printed, based upon our MOU. |
| | |

Notes: I recommend Stacy for appointment to Health Council.



**County Manager's Office
BOARD & COMMISSION INTERVIEW QUESTIONS**

Stacy Fiers
Applicant's Name

LACHC
Board or Commission

Jessica Strong
Interviewer Name

5/26/26 10am
Date/Time of Interview

Interview Conducted:
 Personally
 Telephone
 Remote/Zoom

NOTE TO INTERVIEW PANEL: Please remember to use this interview as an opportunity to share Council's directives and guidance for B&C's.

| # | Question/Documented Response |
|---|---|
| 1 | <p>Please tell us a little about yourself, especially your experience and background related to this board/commission.</p> <p>- 28 years of nursing experience, plus 15+ yrs expertise with older adults - moved here 5 yrs ago w/ husband + daughter (15yo) - Case Manager @ LARSO - Always in service to others</p> |
| 2 | <p>Why would you like to serve on this board/commission?</p> <p>- To again be of service to the community, to be involved</p> |
| 3 | <p>What do you believe are the major issues facing this board/commission?</p> <p>- losing healthcare professionals - need to look as far as we can (LARSO mbrs) older adults</p> |
| 4 | <p>Insert a board/commission specific question here.</p> <p>- More mental health + addiction professionals - More follow-up w/ recovery + support networks.</p> |
| 5 | <p>What do you feel you could contribute to this board/commission?</p> <p>- Experience w/ healthcare + older adults to share - Willingness to jump in + help</p> |

| | |
|---|--|
| 6 | What other community and/or civic activities have you been involved in? - This is the 1 st thing I've wanted to be involved with! - Previous PTA / school initiatives / sporting events |
| 7 | Do you have any questions about the expectations included in the application? - Discussion about expectations of BTC |
| 8 | Do you have any other questions for the interview panel? - Q about the budget from NMDOH |
| | |

Notes: