

**General Information**

All County Board and Commission members must be residents of Los Alamos County. Lodgers' Tax Advisory Board members, except the at-large community member, do not need to be residents if they are employed/represent an attraction or hotel.

Once a resident fills out and submits this application, an interview is scheduled with the B&C's County Council liaison, the relevant staff liaison, and the B&C Chair. After the interviews, the applicants' names are presented to the full Council during a regularly scheduled Council meeting, where a vote is taken regarding the appointment of each applicant. Each applicant will be notified if they are appointed or not.

Only on-line applications will be considered.

*If you are interested in applying for Labor Relations Board, please contact Mary Tapia at 505-662-8040.*

**Profile**

Board and Commission Application

Note: Please be aware that as a public entity, the County of Los Alamos, is obligated to furnish this information to the public if requested. Note also that current LANL employees, if appointed to a Board or Commission, may be required by LANL to complete a 701 form.

**Which Boards would you like to apply for?**

County Health Council : Submitted

Heather		Muck	
First Name	Middle Initial	Last Name	
Street Address		Suite or Apt	
City		State	Postal Code
Email Address			
Primary Phone		Alternate Phone	

**Registered to vote in Los Alamos?**

Yes  No

**Party affiliation as registered: (Select one of the following) \***

Republican

Heather Muck

**How long have you lived in Los Alamos County?**

---

9 Years

**How did you learn of this Board/Commission vacancy?**

---

Lisa Hampton

**Do you currently serve on any County Board or Commission?**

---

Yes  No

**If yes, which one? (Los Alamos County law prohibits residents from serving concurrently on more than one County board except as expressly approved in writing by the County Council before the appointment is made.)**

---

---

**Community Service**

**List boards, commissions, committees, and organizations on which you are currently serving or have served. Include any offices held.**

---

Republican Party of Los Alamos - I started as a central committee member, served 1 term as 2nd vice chair and now starting my 2nd term as vice chair of the party  
American Heritage Girls - I am on the board and the coordinator of the local program.  
Advanced Contracting Specialist - Secretary  
Inspectors Network - Secretary

---

**Employment and Education**

**List your current and past employment experience.**

---

Currently I am a stay at home mom. I home school 2 girls and have a 2.5 year old as well. I also work as a substitute teacher at Ponderosa Montessori School in White Rock sometimes. 2016 - 2017 I worked for Home Instead as a caregiver. 2010 - 2016 I was a caregiver for a family in San Diego. Assisting their 92 year old relative. 2006-2010 I was a teacher at Kuyper Preparatory School

**List your current and past education including any professional or vocational licenses or certificates.**

---

Building Strong Relationships with Families Challenging Behavior Reveal the Meaning Covid 19 Response Training NMELS Developmental Milestones Health and Safety Course NMELS Honoring All Families Learning Environment How Classroom Arrangement Impacts Behavior Part 1 Early Care, Education and Family Support Entry Level 45 Hour Course Hybrid CPR and First Aid Certified 3 Day training with Home Instead Associates Degree with a emphasis on Early Childhood Education

---

**Interests & Experiences**

**Why would you like to serve on this particular Board or Commission?**

---

I really want to get more involved in the community. I have a heart to help people specifically kids and elderly and Lisa said this board lines up with that desire.

Heather Muck

**What would you like to accomplish during your tenure on this Board or Commission? (Please identify any special interests you have that led you to become interested in serving on this Board or Commission.)**

Any help I can give to making our community a better place to live would be the biggest accomplishment I can ask for.

**Have you had any direct or indirect involvement with this Board or Commission or with the County staff supporting this Board or Commission or County Councilors? If so, please explain.**

No

**What volunteer or professional activities have you participated in that could apply to this appointment?**

I work with families from all walks of life throughout the county in American Heritage Girls and Trail Life USA. I also work with elderly in my church.

**The time involved may be 10-15 hours per month or more. Are you able to serve the volunteer hours and attend training needed to perform your duties as an appointee?**

Yes

**Are there any issue or matters, financial or otherwise, that you are now or might become involved in that may come before the Board or Commission for which you seek appointment?**

No

---

## **General**

**Have you ever worked for Los Alamos County?**

Yes  No

**If yes, please list dates and department.**

County Clerk as Poll Worker

**Are you related to any employee of Los Alamos County?**

Yes  No

**If yes, please indicate name and relationship.**

Joshua Muck - Poll Worker and Transportation Board - My Husband

**Are you aware of any potential conflicts of interest in connection to your occupation or financial holdings in relation to your responsibilities as a member of the advisory body to which you seek appointment?**

Yes  No

Heather Muck

**If yes, please indicate any potential conflicts.**

---

**Are you aware of the time commitment necessary to fulfill the obligations of the Board or Commission to which you seek appointment?**

---

Yes  No

**Can you commit to approximately 10-15 hours per month to this Board or Commission to prepare for and attend monthly meetings and training as needed?**

---

Yes  No

**Are you willing to participate in Board and Commission meetings that are recorded and may be live-streamed?**

---

Yes  No

**Are you willing to have your name listed on the County Boards and Commissions public webpage?**

---

Yes  No

If you have any questions, please contact Adrienne Lovato at 505-662-8293



**County Manager's Office**  
**BOARD & COMMISSION INTERVIEW QUESTIONS**

Heather Muck  
 Applicant's Name

County Health Council  
 Board or Commission

Randall Rytli  
 Interviewer Name

Feb 18 2025, 1030AM  
 Date/Time of Interview

Interview Conducted:  
 ZOOM  
 Telephone

***NOTE TO INTERVIEW PANEL: Please remember to use this interview as an opportunity to share Council's directives and guidance for B&C's.***

#	Question/Documented Response
1	<p>Please tell us a little about yourself and then describe your experience, education, and training that qualify you for this Board or Commission.</p> <p>Grew up in S Cal, husband grew up in Los Alamos. Worked for a construction business in California. Worked 2005-2009 teaching. Then got into home health care for about 5 years, elder care for a 90 year old woman. Helped husband with construction company. Worked for Home Instead in Los Alamos for 2 years. Three children. Vice Chair Los Alamos Republican Party.</p>
2	<p>What do you believe are the greatest issues facing the County? What do you believe are the greatest issues facing the Board/commission you applied for? <i>[Note to interview panel: If the answer to this question appears to be off base with Council's position, please explore a little more.]</i></p> <p>County. Public participation biggest issue. Group of people are not heard. Have to know somebody to get a voice.</p> <p>Health council. Youth suicide rate and how to help youth. Two boys committed suicide in the last year who were members of my youth group. Issue for a small community.</p>
3	<p>How do you perceive the role of County Boards and Commissions in local government?</p> <p>B&amp;C big part of local government. Councilors cannot be every where. Get the right people around the Council. Having 15 people on the Health Council can get more information for the County Council. Reach more people in the community.</p>
4	<p>What specific skills do you feel are important for effective Board or Commission members? Which ones do you possess?</p> <p>Need to be able to talk to people and get information forwarded to the people that need this information. Able to engage people easily. I am known for planning events, like small business and community events.</p>
5	<p>What could you do, specifically, to foster a collaborative relationship between staff and the Board or Commission on which you would like to serve?</p> <p>B&amp;C are first step for reaching the people. Love being at community events. Relay information to the Health Council.</p>

Attachment E

6	<p>Have you served on any Boards, Commissions or Committees (not only County B&amp;Cs – but also church groups, non-profit boards, school committees, etc.) within the last five years? What do you think was your greatest contribution during your tenure?</p> <p>American Heritage Girls scouting group, troop coordinator last 18 months, gettings 12-18 year old serve in the community. Hope Pregnancy Clinic. Teaching to serve. Troop is new in the last 3 yers. Doing Serving projects. Vice Chair LA Republican Parade, floats in parades or tables at events. Particiapted in Clean Up Los Alamos. Worked for small business, graphic design.</p>
7	<p>Are you familiar with the County Charter and County Code as they apply to the Board you are applying for?</p> <p>Not specifically to the Health Council</p>
8	<p>Are you willing to take the time to attend training sessions to become more knowledgeable about your duties and responsibilities in an advisory capacity?</p> <p>Yes</p>
9	<p>Are you aware that, as a member of a Los Alamos County Board or Commission, your written communications, including e-mails, are public records (even if produced on your personal computer), and as such are subject to the New Mexico Inspection of Public Records Act. If any of these public records are requested for review/inspection under the Act you may need to produce them. Is this a deterrent to your willingness to serve on this Board?</p> <p>Not a deterrent</p>
10	<p>Currently, a few boards or commissions are “live streaming” their meetings (for example, the T-Board, Parks and Recreation Board, and the Planning and Zoning Commission.) In the future, this may be required of all boards. If you’re applying for one of the boards currently streaming or if it becomes a requirement for all B&amp;Cs to stream, is this - or will this - be a deterrent to your willingness to serve?</p> <p>No</p>
11	<p><i>[Interview panel: Ask questions you think necessary for clarification of the written answers this applicant provided as part of their application.]</i></p> <p>na</p>
12	<p>Do you have any questions for the interview panel?</p> <p>No</p>

Notes:

# LOS ALAMOS

## County Manager's Office BOARD & COMMISSION INTERVIEW QUESTIONS

Heather Much  
Applicant's Name

LACHE  
Board or Commission

Jessica Strong  
Interviewer Name

2/18/25 10:30am  
Date/Time of Interview

Interview Conducted:  
 ZOOM  
 Telephone

**NOTE TO INTERVIEW PANEL:** Please remember to use this interview as an opportunity to share Council's directives and guidance for B&C's.

#	Question/Documented Response
1	<p>Please tell us a little about yourself and then describe your experience, education, and training that qualify you for this Board or Commission.</p> <p>- From Southern CA; started school for early education, taught in elementary school</p> <p>- Then switched to home health care (in CA); moved here + worked with home instead</p>
2	<p>What do you believe are the greatest issues facing the County? What do you believe are the greatest issues facing the Board/commission you applied for? [Note to interview panel: If the answer to this question appears to be off base with Council's position, please explore a little more.]</p> <p>- Public participation - it seems like you "have to know someone" to get your voice heard</p> <p>- For the CTC, a big issue is youth suicides (personally affected by one of 2 youth last year)</p>
3	<p>How do you perceive the role of County Boards and Commissions in local government?</p> <p>- B+C are a big part of our local government, County Councilors can't be everywhere all the time. B+C help support + get Councilors the info they need.</p>
4	<p>What specific skills do you feel are important for effective Board or Commission members? Which ones do you possess?</p> <p>- Knowledgeable; take info of the chain of command</p> <p>- Being able to smile + strike up a conversation</p> <p>- Planning + organizing skills</p>
5	<p>What could you do, specifically, to foster a collaborative relationship between staff and the Board or Commission on which you would like to serve?</p> <p>- Start with to reach lots of people like through events + relay that info to CTC/County Council</p>

6	<p>Have you served on any Boards, Commissions or Committees (not only County B&amp;Cs – but also church groups, non-profit boards, school committees, etc.) within the last five years? What do you think was your greatest contribution during your tenure?</p> <p>- Troop coordinator for Heritage Girls - teaching girls local volunteer opportunities  - Chair of Los Alamos Republican Party</p>
7	<p>Are you familiar with the County Charter and County Code as they apply to the Board you are applying for?</p> <p>- Not specifically with the Health Council  but have looked at some of the Charter items</p>
8	<p>Are you willing to take the time to attend training sessions to become more knowledgeable about your duties and responsibilities in an advisory capacity?</p> <p>Yes!</p>
9	<p>Are you aware that, as a member of a Los Alamos County Board or Commission, your written communications, including e-mails, are public records (even if produced on your personal computer), and as such are subject to the New Mexico Inspection of Public Records Act. If any of these public records are requested for review/inspection under the Act you may need to produce them. Is this a deterrent to your willingness to serve on this Board?</p> <p>Not a deterrent</p>
10	<p>Currently, a few boards or commissions are "live streaming" their meetings (for example, the T-Board, Parks and Recreation Board, and the Planning and Zoning Commission.) In the future, this may be required of all boards. If you're applying for one of the boards currently streaming or if it becomes a requirement for all B&amp;Cs to stream, is this - or will this - be a deterrent to your willingness to serve?</p> <p>- No</p>
11	<p>[Interview panel: Ask questions you think necessary for clarification of the written answers this applicant provided as part of their application.]</p> <p>- Overview of S&amp;D + CTR</p>
12	<p>Do you have any questions for the interview panel?</p> <p>- No questions for us</p>

Notes:



# LOS ALAMOS

## County Manager's Office BOARD & COMMISSION INTERVIEW QUESTIONS

Heather Muck

Applicant's Name

Health Council

Board or Commission

Lisa Hampton

Interviewer Name

10:30 am 2/18/25

Date/Time of Interview

Interview Conducted:

ZOOM

Telephone

**NOTE TO INTERVIEW PANEL: Please remember to use this interview as an opportunity to share Council's directives and guidance for B&C's.**

#	Question/Documented Response	Vice Chair Rep.
1	Please tell us a little about yourself and then describe your experience, education, and training that qualify you for this Board or Commission.	Party!
2	What do you believe are the greatest issues facing the County? What do you believe are the greatest issues facing the Board/commission you applied for? [Note to interview panel: If the answer to this question appears to be off base with Council's position, please explore a little more.]	First Aid
3	How do you perceive the role of County Boards and Commissions in local government?	id
4	What specific skills do you feel are important for effective Board or Commission members? Which ones do you possess?	id
5	What could you do, specifically, to foster a collaborative relationship between staff and the Board or Commission on which you would like to serve?	ATG

6	<p>Have you served on any Boards, Commissions or Committees (not only County B&amp;Cs – but also church groups, non-profit boards, school committees, etc.) within the last five years? What do you think was your greatest contribution during your tenure? <i>On family const. camp. boards, Troop Coordinator Arrar. Heritage Girls older 12-14 to participate within th community. Working with Hope. Pregnancy. Teaching girls to serve - service projects. RPLA to set up floats &amp; booths at all events. Earth Day Chair</i></p>
7	<p>Are you familiar with the County Charter and County Code as they apply to the Board you are applying for? <i>Have delved into County Code and Charter!</i></p>
8	<p>Are you willing to take the time to attend training sessions to become more knowledgeable about your duties and responsibilities in an advisory capacity? <i>Yes.</i></p>
9	<p>Are you aware that, as a member of a Los Alamos County Board or Commission, your written communications, including e-mails, are public records (even if produced on your personal computer), and as such are subject to the New Mexico Inspection of Public Records Act. If any of these public records are requested for review/inspection under the Act you may need to produce them. Is this a deterrent to your willingness to serve on this Board? <i>texts Did know and it is not a deterrent.</i></p>
10	<p>Currently, a few boards or commissions are “live streaming” their meetings (for example, the T-Board, Parks and Recreation Board, and the Planning and Zoning Commission.) In the future, this may be required of all boards. If you’re applying for one of the boards currently streaming or if it becomes a requirement for all B&amp;Cs to stream, is this - or will this - be a deterrent to your willingness to serve? <i>No. Will make it work.</i></p>
11	<p>[Interview panel: Ask questions you think necessary for clarification of the written answers this applicant provided as part of their application.] <i>Thank Heather for applying. Spoke about R.R. of H.C. and other orgs and non-profits.</i></p>
12	<p>Do you have any questions for the interview panel? <i>No questions, but would really like to be a member of the H.C.</i></p>

Notes: